

## Beko Ełk Triathlon

**WYNIKI ZAWODÓW / RESULTS LIST**

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<b>Miejsce:</b>	Ełk	<b>Dystans:</b>	1,5km- 41,2km-10km	<b>Temp. powietrza:</b>	+20 st. C
<b>Data:</b>	20.07.2013	<b>Start:</b>		<b>Temp. wody:</b>	+21,8 st. C
				<b>Głębokość akwenu:</b>	2,5 m - 25 m
				<b>Pływanie:</b>	1,9 km
<b>Dyrektor Zawodów:</b>	Piotr Netter			<b>Rower:</b>	41,2 km (7 x 5,8 km)
<b>Sędzia Główny:</b>	Sławomir Libudziec			<b>Bieg:</b>	10 km (3 x 3,3 km)
<b>Organizator:</b>	Sport Evolution, Miasto Ełk, MOSiR Ełk				

**Olimpijski**

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
1	2	GŁOGOWSKI ADAM		POL AZS AWF KATOWICE	93M18/1	M / 1	00:18:31 / 2	00:00:57 / 2	01:03:27 / 2	00:00:36 / 2	00:34:37 / 1	<b>01:58:08</b>	00:00:00
2	6	RAK MATEUSZ		POL UKS TRI-SAUCONY RUMIA	90M18/2	M / 2	00:18:28 / 1	00:00:54 / 1	01:03:11 / 1	00:00:36 / 1	00:35:39 / 2	<b>01:58:48</b>	00:00:40
3	4	ALOSHYN VIKTOR		UKR	88M25/1	M / 3	00:19:19 / 5	00:00:52 / 4	01:05:23 / 5	00:00:40 / 5	00:35:46 / 3	<b>02:02:00</b>	00:03:52
4	1	PRZYMUSIŃSKI FILIP		POL	83M30/1	M / 4	00:19:16 / 4	00:01:05 / 6	01:04:57 / 4	00:00:47 / 3	00:36:36 / 6	<b>02:02:41</b>	00:04:33
5	9	STĘPNIAK KACPER		POL UKS TRI-SAUCONY RUMIA	94M18/3	M / 5	00:19:07 / 3	00:00:50 / 3	01:05:38 / 6	00:00:38 / 4	00:37:07 / 8	<b>02:03:20</b>	00:05:12
6	5	DOROSH NAZAR		UKR	80M30/2	M / 6	00:19:21 / 6	00:00:57 / 5	01:06:48 / 9	00:01:09 / 6	00:36:24 / 5	<b>02:04:39</b>	00:06:31
7	3	SIEJAKOWSKI MICHAŁ		POL KTS IRONMAN KWIDZYN	79M30/3	M / 7	00:22:55 / 17	00:00:53 / 16	01:04:53 / 3	00:00:45 / 7	00:36:08 / 4	<b>02:05:34</b>	00:07:26
8	7	KUBIAK MACIEJ		POL UKS TRI-SAUCONY RUMIA	88M25/2	M / 8	00:22:57 / 18	00:00:59 / 18	01:06:11 / 8	00:00:48 / 8	00:38:10 / 9	<b>02:09:05</b>	00:10:57
9	8	SPALENIAK TOMASZ		POL UKS TRI-SAUCONY RUMIA	90M18/4	M / 9	00:25:15 / 28	00:01:02 / 28	01:05:54 / 7	00:00:49 / 11	00:36:40 / 7	<b>02:09:40</b>	00:11:32
10	10	RESZKE PAWEŁ		POL UKS TRI-SAUCONY RUMIA	85M25/3	M / 10	00:23:10 / 21	00:01:15 / 21	01:07:32 / 10	00:00:58 / 9	00:39:18 / 12	<b>02:12:13</b>	00:14:05
11	17	NAJMOWICZ SEBASTIAN		POL WARMIŃSKO – MAZURSKI KLUB SPORTOWY OLSZTYN	91M18/5	M / 11	00:19:33 / 7	00:01:12 / 7	01:11:39 / 21	00:00:52 / 14	00:39:05 / 11	<b>02:12:21</b>	00:14:13
12	18	NAJMOWICZ PAWEŁ		POL WARMIŃSKO – MAZURSKI KLUB SPORTOWY OLSZTYN	93M18/6	M / 12	00:20:53 / 10	00:01:24 / 10	01:10:09 / 15	00:00:48 / 13	00:40:13 / 14	<b>02:13:27</b>	00:15:19
13	11	CZEŚNIK MARIA		POL WTT WARSZAWA	77W35/1	K / 1	00:20:50 / 9	00:01:06 / 9	01:13:18 / 34	00:-2:-1 / 10	00:41:36 / 19	<b>02:14:31</b>	00:16:23
14	12	MIELNIK MAGDA		POL WARMIŃSKO – MAZURSKI KLUB SPORTOWY OLSZTYN	91W20/1	K / 2	00:20:48 / 8	00:01:04 / 8	01:13:22 / 36	00:00:46 / 16	00:40:57 / 17	<b>02:16:57</b>	00:18:49
15	42	ORTMANN MARCIN		POL ORP LECH TEAM	80M30/4	M / 13	00:21:27 / 12	00:01:36 / 12	01:10:11 / 16	00:01:11 / 15	00:42:48 / 28	<b>02:17:13</b>	00:19:05
16	63	DOWBOR MACIEJ		POL AT TEAM	78M35/1	M / 14	00:22:59 / 20	00:01:10 / 19	01:08:11 / 11	00:00:51 / 12	00:46:28 / 53	<b>02:19:39</b>	00:21:31
17	59	SOBCZAK MARCIN		POL	71M40/1	M / 15	00:27:10 / 50	00:01:13 / 41	01:11:42 / 22	00:01:00 / 30	00:38:34 / 10	<b>02:19:39</b>	00:21:31
18	32	BUSZAN RADEK		POL	80M30/5	M / 16	00:24:36 / 27	00:01:14 / 26	01:11:49 / 24	00:00:52 / 21	00:41:49 / 20	<b>02:20:20</b>	00:22:12
19	62	BŁASZCZYK WALDEMAR		POL TEAM BIEGIEMNAPOMOC.PL	73M40/2	M / 17	00:27:01 / 48	00:01:10 / 39	01:08:47 / 13	00:01:13 / 19	00:42:18 / 27	<b>02:20:29</b>	00:22:21


































Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
20	57	DOBRZAŃSKI BARTOSZ	POL	TOMATO TRI TEAM RADOM	73M40/3	M / 18	00:25:21 / 31	00:01:15 / 29	01:08:45 / 12	00:01:02 / 17	00:44:11 / 35	<b>02:20:34</b>	00:22:26
21	48	CZERWIEC ARTUR	POL	KT WATER KNIGHTS ZABIERZÓW	75M35/2	M / 19	00:21:48 / 13	00:01:29 / 14	01:15:07 / 52	00:00:45 / 24	00:42:03 / 23	<b>02:21:12</b>	00:23:04
22	64	GRASS ŁUKASZ	POL	AT TEAM	76M35/3	M / 20	00:25:20 / 30	00:01:16 / 30	01:12:11 / 27	00:00:52 / 25	00:42:14 / 25	<b>02:21:53</b>	00:23:45
23	14	RATKOWSKA ZUZANNA	POL	UKS TRI-SAUCONY RUMIA	83W30/1	K / 3	00:21:13 / 11	00:01:20 / 11	01:15:24 / 55	00:00:52 / 23	00:43:32 / 30	<b>02:22:21</b>	00:24:13
24	19	PODWYSOCKI MARCIN	POL	ATP AUGUSTÓW/TRI-STREFA.PL	88M25/4	M / 21	00:24:15 / 26	00:01:38 / 27	01:14:18 / 42	00:00:50 / 29	00:42:16 / 26	<b>02:23:17</b>	00:25:09
25	29	OSIOR BARTEK	POL	BIEGAM BO LUBIĘ WYDMINY	83M30/6	M / 22	00:27:42 / 60	00:01:22 / 50	01:13:10 / 32	00:00:57 / 35	00:40:33 / 15	<b>02:23:44</b>	00:25:36
26	21	TOMCZYK STEFAN	POL	TRS SUSZ	73M40/4	M / 23	00:25:59 / 35	00:01:54 / 36	01:08:54 / 14	00:01:25 / 20	00:45:36 / 47	<b>02:23:48</b>	00:25:40
27	15	JĘDRZEJEWSKA ALEKSANDRA	POL	UKS TRI-SAUCONY RUMIA	91W20/2	K / 4	00:22:30 / 15	00:00:39 / 13	01:18:31 / 91	00:00:48 / 34	00:42:00 / 22	<b>02:24:28</b>	00:26:20
28	22	GÓRSKI JAKUB	POL	WWW.NAVOX.PL	79M30/7	M / 24	00:27:27 / 56	00:01:38 / 51	01:14:14 / 41	00:01:00 / 38	00:41:00 / 18	<b>02:25:19</b>	00:27:11
29	28	GÓRALSKA ALEKSANDRA	POL	ODDECH GONIONEGO PSA	77W35/2	K / 5	00:26:24 / 39	00:01:29 / 34	01:11:13 / 18	00:01:12 / 27	00:45:24 / 44	<b>02:25:42</b>	00:27:34
30	52	DOMIRSKI DANIEL	POL	LUFT TRI TEAM	84M25/5	M / 25	00:23:38 / 23	00:01:35 / 23	01:18:54 / 97	00:00:59 / 45	00:40:55 / 16	<b>02:26:01</b>	00:27:53
31	31	KALINOWSKI PAWEŁ	POL		84M25/6	M / 26	00:26:02 / 36	00:02:04 / 38	01:11:36 / 20	00:01:04 / 28	00:45:25 / 46	<b>02:26:11</b>	00:28:03
32	23	GLASEK ŁUKASZ	POL		83M30/8	M / 27	00:22:52 / 16	00:01:17 / 20	01:13:19 / 35	00:01:08 / 22	00:48:38 / 81	<b>02:27:14</b>	00:29:06
33	168	ŁACH DAWID	POL	AZS AWF MASTERS OLSZTYN	88M25/7	M / 28	00:22:24 / 14	00:01:19 / 15	01:13:10 / 33	00:01:01 / 18	00:49:59 / 99	<b>02:27:53</b>	00:29:45
34	38	LUBARSKI MICHAŁ	POL	AT TEAM	78M35/4	M / 29	00:23:23 / 22	00:01:32 / 22	01:15:06 / 51	00:01:38 / 33	00:46:32 / 55	<b>02:28:11</b>	00:30:03
35	35	CZERWIŃSKA KATARZYNA	POL		90W20/3	K / 6	00:25:32 / 32	00:01:53 / 32	01:19:09 / 98	00:01:45 / 59	00:40:04 / 13	<b>02:28:23</b>	00:30:15
36	26	NAWROCKI SERGIUSZ	POL	ODDECH GONIONEGO PSA	67M45/1	M / 30	00:25:52 / 34	00:01:20 / 31	01:11:50 / 25	00:01:04 / 26	00:48:29 / 79	<b>02:28:35</b>	00:30:27
37	185	KRAKOWIAK PAWEŁ	POL		86M25/8	M / 31	00:26:27 / 40	00:01:26 / 35	01:17:10 / 80	00:01:23 / 47	00:42:11 / 24	<b>02:28:37</b>	00:30:29
38	106	SIKORSKI KRYSZTOF	POL	UKS PRZYJAŻŃ-1 BARTOSZYCE	92M18/7	M / 32	00:29:01 / 77	00:02:00 / 68	01:11:28 / 19	00:01:28 / 36	00:45:41 / 48	<b>02:29:38</b>	00:31:30
39	121	SKIERKOWSKI ADAM	POL	AT TEAM	73M40/5	M / 33	00:28:53 / 76	00:02:10 / 70	01:12:06 / 26	00:01:09 / 37	00:45:43 / 49	<b>02:30:01</b>	00:31:53
40	60	UTYLAŃSKI MICHAŁ	POL		86M25/9	M / 34	00:23:38 / 24	00:01:54 / 24	01:14:06 / 40	00:01:32 / 31	00:48:53 / 84	<b>02:30:03</b>	00:31:55
41	220	ADAMOWICZ JAKUB	POL		67M45/2	M / 35	00:28:38 / 72	00:02:39 / 75	01:11:43 / 23	00:01:42 / 43	00:45:50 / 50	<b>02:30:32</b>	00:32:24
42	13	CIEŚLAK AGNIESZKA	POL	AZS AWF KATOWICE	89W20/4	K / 7	00:22:58 / 19	00:00:52 / 17	01:16:46 / 73	00:00:59 / 32	00:48:59 / 86	<b>02:30:34</b>	00:32:26
43	39	GÓRZYCKI PIOTR	POL		81M30/9	M / 36	00:27:24 / 54	00:02:48 / 56	01:15:50 / 60	00:01:41 / 55	00:42:53 / 29	<b>02:30:36</b>	00:32:28
44	44	KOWALIK PIOTR	POL	KRZEPY I WŚCIEKŁA	81M30/10	M / 37	00:29:38 / 85	00:01:10 / 66	01:14:33 / 45	00:01:17 / 48	00:44:00 / 34	<b>02:30:38</b>	00:32:30
45	24	WIERZBICKI GRZEGORZ	POL	AT TEAM	74M35/5	M / 38	00:33:05 / 138	00:02:07 / 123	01:10:46 / 17	00:01:22 / 53	00:43:40 / 32	<b>02:31:00</b>	00:32:52
46	33	POKRYWIŃSKI MARCIN	POL		81M30/11	M / 39	00:25:45 / 33	00:01:45 / 33	01:16:18 / 67	00:00:48 / 41	00:46:41 / 56	<b>02:31:17</b>	00:33:09
47	58	KOSTECKI KRZYSZTOF	POL		84M25/10	M / 40	00:29:59 / 91	00:02:07 / 88	01:13:02 / 30	00:00:59 / 46	00:45:18 / 43	<b>02:31:25</b>	00:33:17
48	282	ŚWIESIŃSKI MICHAŁ	POL		95M18/8	M / 41	00:26:29 / 41	00:01:30 / 37	01:15:35 / 57	00:01:07 / 42	00:46:48 / 57	<b>02:31:29</b>	00:33:21
49	36	BROEKERE TOMASZ	POL		88M25/11	M / 42	00:29:49 / 90	00:01:59 / 82	01:13:51 / 37	00:01:20 / 51	00:45:00 / 39	<b>02:31:59</b>	00:33:51
50	179	BARTKOWIAK PRZEMYSŁAW	POL		85M25/12	M / 43	00:30:25 / 97	00:01:25 / 83	01:15:38 / 58	00:01:03 / 60	00:43:33 / 31	<b>02:32:04</b>	00:33:56
51	27	BALCEREK TOMASZ	POL		76M35/6	M / 44	00:29:36 / 83	00:02:58 / 94	01:16:46 / 74	00:01:59 / 78	00:42:00 / 21	<b>02:33:19</b>	00:35:11
52	45	SIWIRSKI ROBERT	POL	WTT WARSZAWA	75M35/7	M / 45	00:30:12 / 93	00:01:55 / 89	01:14:01 / 39	00:01:01 / 52	00:46:10 / 52	<b>02:33:19</b>	00:35:11
53	20	WRÓBLEWSKI MACIEJ	POL	UKS TRI-SAUCONY RUMIA	77M35/8	M / 46	00:27:05 / 49	00:01:28 / 42	01:14:32 / 46	00:01:22 / 39	00:49:12 / 93	<b>02:33:39</b>	00:35:31













Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
54	142	BEDNARZ MATEUSZ		POL KLUB BEDNARZÓWKA.PL	83M30/12	M / 47	00:26:57 / 46	00:01:15 / 40	01:15:10 / 53	00:01:09 / 40	00:49:27 / 94	<b>02:33:58</b>	00:35:50
55	208	BARCZYK MAREK		POL	81M30/13	M / 48	00:29:39 / 86	00:02:06 / 80	01:16:22 / 68	00:00:59 / 64	00:45:25 / 45	<b>02:34:31</b>	00:36:23
56	117	DROUIN PIERRE-FRANÇOIS		FRA WARSAW INTERNATIONAL TRIATHLON CLUB (WITC)	84M25/13	M / 49	00:29:07 / 78	00:02:05 / 73	01:16:59 / 77	00:01:30 / 66	00:45:05 / 41	<b>02:34:46</b>	00:36:38
57	47	KURYŁO ARTUR		POL ATP AUGUSTÓW	66M45/3	M / 50	00:33:26 / 142	00:02:11 / 129	01:13:06 / 31	00:01:13 / 67	00:45:10 / 42	<b>02:35:06</b>	00:36:58
58	190	OLEJNICZAK WOJCIECH		POL	74M35/9	M / 51	00:29:37 / 84	00:02:54 / 93	01:16:10 / 64	00:01:57 / 73	00:44:58 / 38	<b>02:35:36</b>	00:37:28
59	49	FAJKS ADAM		POL	73M40/6	M / 52	00:27:01 / 47	00:01:42 / 44	01:14:39 / 47	00:01:28 / 44	00:51:03 / 108	<b>02:35:53</b>	00:37:45
60	271	POMORSKI RAFAŁ		POL	83M30/14	M / 53	00:29:42 / 87	00:02:41 / 91	01:18:38 / 94	00:01:01 / 82	00:44:49 / 37	<b>02:36:51</b>	00:38:43
61	116	SZYMAŃSKI MACIEJ		POL	80M30/15	M / 54	00:24:03 / 25	00:01:42 / 25	01:21:20 / 123	00:01:34 / 61	00:48:18 / 75	<b>02:36:57</b>	00:38:49
62	51	GIELNIAK PRZEMYSŁAW		POL	73M40/7	M / 55	00:28:03 / 64	00:02:08 / 55	01:17:48 / 84	00:01:16 / 65	00:47:59 / 68	<b>02:37:14</b>	00:39:06
63	283	TADLA PAWEŁ		POL	82M30/16	M / 56	00:31:12 / 107	00:01:35 / 97	01:13:56 / 38	00:01:30 / 57	00:49:01 / 87	<b>02:37:14</b>	00:39:06
64	114	BUCZKOWSKI WOJCIECH		POL	74M35/10	M / 57	00:26:55 / 45	00:02:01 / 46	01:15:48 / 59	00:02:15 / 50	00:50:21 / 103	<b>02:37:20</b>	00:39:12
65	219	ZRZELSKI MICHAŁ		POL	77M35/11	M / 58	00:28:44 / 74	00:02:21 / 72	01:14:56 / 49	00:01:55 / 56	00:49:44 / 96	<b>02:37:40</b>	00:39:32
66	119	SNARSKI PIOTR		POL	86M25/14	M / 59	00:31:11 / 106	00:02:59 / 110	01:14:24 / 44	00:01:26 / 68	00:47:53 / 67	<b>02:37:53</b>	00:39:45
67	310	ZAKRZEWSKI MACIEJ		POL	77M35/12	M / 60	00:31:30 / 115					<b>02:37:57</b>	00:39:49
68	54	ZAKRZEWSKI RAFAŁ		POL AZS CENTRUM GALION	71M40/8	M / 61	00:30:17 / 96	00:02:13 / 92	01:16:38 / 72	00:01:33 / 74	00:47:24 / 59	<b>02:38:05</b>	00:39:57
69	41	BYKOWSKI TOMASZ		POL	80M30/17	M / 62	00:28:23 / 68	00:02:53 / 74	01:18:35 / 93	00:01:20 / 77	00:47:48 / 66	<b>02:38:59</b>	00:40:51
70	137	DOBECKI MICHAŁ		POL	84M25/15	M / 63	00:27:21 / 52	00:01:37 / 47	01:17:02 / 78	00:01:42 / 54	00:51:28 / 117	<b>02:39:10</b>	00:41:02
71	66	BROEKERE KRZYSZTOF		POL	59M50/1	M / 64	00:32:36 / 132	00:02:24 / 120	01:14:22 / 43	00:01:11 / 70	00:49:06 / 89	<b>02:39:39</b>	00:41:31
72	150	OSAKOWICZ MATEUSZ		POL	80M30/18	M / 65	00:33:29 / 143	00:01:51 / 124	01:14:50 / 48	00:01:44 / 81	00:48:18 / 76	<b>02:40:12</b>	00:42:04
73	258	MAZUREK MICHAŁ		POL RUN EUROSOF	77M35/13	M / 66	00:33:41 / 145	00:02:14 / 132	01:17:02 / 79	00:01:26 / 98	00:45:53 / 51	<b>02:40:16</b>	00:42:08
74	50	DALECKI MARCIN		POL	79M30/19	M / 67	00:29:48 / 89	00:02:34 / 90	01:16:38 / 71	00:01:42 / 75	00:49:36 / 95	<b>02:40:18</b>	00:42:10
75	112	DYMICKI MICHAŁ		POL	75M35/14	M / 68	00:28:48 / 75	00:02:44 / 77	01:19:55 / 109	00:01:26 / 91	00:47:44 / 63	<b>02:40:37</b>	00:42:29
76	165	KOCHANOWSKI DARIUSZ		POL WTT WARSZAWA	74M35/15	M / 69	00:30:17 / 95	00:01:36 / 84	01:20:43 / 117	00:01:44 / 97	00:46:31 / 54	<b>02:40:51</b>	00:42:43
77	286	WIECZOREK JAKUB		POL	83M30/20	M / 70	00:29:35 / 82	00:03:13 / 98	01:18:09 / 86	00:01:49 / 90	00:48:17 / 73	<b>02:41:03</b>	00:42:55
78	157	ROJEK ARKADIUSZ		POL AT TEAM	80M30/21	M / 71	00:29:28 / 80	00:01:36 / 71	01:15:17 / 54	00:02:19 / 62	00:52:38 / 134	<b>02:41:18</b>	00:43:10
79	213	KOWALSKI MARCIN		POL	76M35/16	M / 72	00:30:15 / 94	00:02:29 / 95	01:15:00 / 50	00:01:06 / 63	00:52:37 / 133	<b>02:41:27</b>	00:43:19
80	263	NADROWSKI TOMASZ		POL	82M30/22	M / 73	00:30:31 / 99	00:02:15 / 96	01:18:16 / 89	00:01:24 / 87	00:49:03 / 88	<b>02:41:29</b>	00:43:21
81	223	BIELARSKI KAROL		POL CAPGEMINI	85M25/16	M / 74	00:35:05 / 169	00:03:57 / 174	01:16:38 / 70	00:01:32 / 119	00:44:38 / 36	<b>02:41:50</b>	00:43:42
82	226	BRZESZCZAK ŁUKASZ		POL	81M30/23	M / 75	00:27:47 / 62	00:02:26 / 57	01:16:32 / 69	00:01:30 / 58	00:53:51 / 149	<b>02:42:06</b>	00:43:58
83	248	KRZYWOSZYŃSKI RAFAŁ		POL	80M30/24	M / 76	00:28:10 / 65	00:02:41 / 67	01:21:43 / 131	00:01:14 / 93	00:48:23 / 77	<b>02:42:11</b>	00:44:03
84	133	GROCHOWICZ JAN		POL	82M30/25	M / 77	00:27:33 / 58	00:02:54 / 64	01:21:52 / 132	00:01:53 / 96	00:48:09 / 70	<b>02:42:21</b>	00:44:13
85	305	ORZECZOWSKI ŁUKASZ		POL	87M25/17	M / 78	00:26:54 / 44	00:01:49 / 45	01:21:33 / 125	00:01:31 / 79	00:50:52 / 107	<b>02:42:39</b>	00:44:31
86	320	CHRUSZCZEWSKI MIKOŁAJ		POL	83M30/26	M / 79	00:33:54 / 148	00:02:20 / 140	01:17:18 / 81	00:01:47 / 105	00:47:30 / 60	<b>02:42:49</b>	00:44:41

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.	
87	259	MIKA TOMASZ		POL		79M30/27	M / 80 00:32:52 / 135	00:01:49 / 116	01:19:11 / 99	00:01:24 / 104	00:47:44 / 64	<b>02:43:00</b>	00:44:52	
88	267	PALUCH MAREK		POL		75M35/17	M / 81 00:33:39 / 144	00:02:17 / 133	01:16:15 / 66	00:01:44 / 95	00:49:07 / 90	<b>02:43:02</b>	00:44:54	
89	37	RODRIGUEZ-MEJIA ADAY		ESP		82M30/28	M / 82 00:26:40 / 42	00:02:42 / 54	01:20:27 / 115	00:01:13 / 76	00:52:07 / 122	<b>02:43:09</b>	00:45:01	
90	104	DEREWNICKI LUKASZ		POL		86M25/18	M / 83 00:27:19 / 51	00:01:48 / 52	01:24:23 / 160	00:01:50 / 106	00:48:11 / 72	<b>02:43:31</b>	00:45:23	
91	145	DUKACZEWSKI MICHAŁ		POL		80M30/29	M / 84 00:32:04 / 123	00:02:31 / 114	01:18:10 / 87	00:01:55 / 101	00:48:53 / 85	<b>02:43:33</b>	00:45:25	
92	30	ZAJFERT STANISŁAW		POL		48M65/1	M / 85 00:27:28 / 57	00:01:10 / 43	01:16:52 / 75	00:01:28 / 49	00:56:50 / 170	<b>02:43:48</b>	00:45:40	
93	43	DUDKOWIAK JACEK		POL		KANCELARIA ADWOKACKA DUDKOWIAK	85M45/4	M / 86 00:29:44 / 88	00:02:10 / 85	01:20:16 / 113	00:01:14 / 92	00:50:28 / 104	<b>02:43:52</b>	00:45:44
94	315	KRZEWIŃSKI MACIEJ		POL		74M35/18	M / 87 00:30:56 / 101	00:02:59 / 106	01:16:10 / 63	00:02:25 / 89	00:51:27 / 116	<b>02:43:57</b>	00:45:49	
95	193	NOWAK PIOTR		POL		TEAM BIEGIEMNAPOMOC.PL	76M35/19	M / 88 00:26:14 / 37	00:04:03 / 61	01:19:22 / 105	00:02:10 / 80	00:52:19 / 126	<b>02:44:08</b>	00:46:00
96	108	WNOROWSKI KRZYSZTOF		POL		82M30/30	M / 89 00:29:25 / 79	00:02:33 / 86	01:23:03 / 147	00:01:10 / 109	00:48:18 / 74	<b>02:44:29</b>	00:46:21	
97	138	SPALIŃSKI MATEUSZ		POL		90M18/9	M / 90 00:31:28 / 114	00:03:04 / 113	01:16:05 / 62	00:01:48 / 86	00:52:20 / 128	<b>02:44:45</b>	00:46:37	
98	156	KACPRZYK KRZYSZTOF		POL		71M40/9	M / 91 00:33:59 / 149	00:01:30 / 125	01:19:44 / 107	00:01:34 / 115	00:48:27 / 78	<b>02:45:14</b>	00:47:06	
99	167	BARTOSIEWICZ ANDRZEJ		POL		SZAKAL JEŻYCE	74M35/20	M / 92 00:31:18 / 110	00:03:20 / 115	01:21:20 / 122	00:01:33 / 121	00:47:47 / 65	<b>02:45:18</b>	00:47:10
100	260	MOTEL PAWEŁ		POL		AKS POLONIA WARSZAWA	79M30/31	M / 93 00:36:36 / 184	00:02:17 / 171	01:16:10 / 65	00:01:33 / 114	00:48:42 / 82	<b>02:45:18</b>	00:47:10
101	242	KIESZKOWSKI RAFAŁ		POL		85M25/19	M / 94 00:30:30 / 98	00:02:33 / 99	01:17:23 / 82	00:01:41 / 84	00:53:40 / 147	<b>02:45:47</b>	00:47:39	
102	253	LISTWOŃ BARTŁOMIEJ		POL		79M30/32	M / 95 00:31:20 / 111	00:02:19 / 102	01:19:20 / 103	00:01:55 / 103	00:51:11 / 110	<b>02:46:05</b>	00:47:57	
103	236	GRONOWALSKI DANIEL		POL		WTT WARSZAWA	91M18/10	M / 96 00:33:03 / 137	02:50:21 / 227			<b>02:46:17</b>	00:48:09	
104	144	CICHY BARTOSZ		POL		83M30/33	M / 97 00:34:10 / 155	00:02:49 / 147	01:16:01 / 61	00:01:23 / 99	00:52:10 / 123	<b>02:46:33</b>	00:48:25	
105	55	PIWOWARSKI PAWEŁ		POL		BIKESERVICE.COM.PL	83M30/34	M / 98 00:37:19 / 197	00:01:28 / 167	01:12:22 / 28	00:00:55 / 83	00:54:32 / 153	<b>02:46:36</b>	00:48:28
106	132	URBAN KRZYSZTOF		POL		APEROL TEAM	80M30/35	M / 99 00:29:31 / 81	00:02:32 / 87	01:21:35 / 126	00:01:51 / 108	00:51:16 / 112	<b>02:46:45</b>	00:48:37
107	162	WITKOWSKI PAWEŁ		POL		TRI CLUB	81M30/36	M / 100 00:31:10 / 105	00:02:23 / 101	01:18:09 / 88	00:02:07 / 94	00:53:04 / 141	<b>02:46:53</b>	00:48:45
108	210	JANKOWSKI LUKASZ		POL		84M25/20	M / 101 00:32:40 / 133	00:03:48 / 142	01:20:16 / 114	00:01:32 / 128	00:48:37 / 80	<b>02:46:53</b>	00:48:45	
109	273	SAKURA TRISTAN		POL		WARSAW INTERNATIONAL TRIATHLON CLUB (WITC)	78M35/21	M / 102 00:33:14 / 140	00:02:45 / 134	01:22:42 / 142	00:01:07 / 137	00:47:40 / 62	<b>02:47:28</b>	00:49:20
110	105	JARSKI PAWEŁ		POL		79M30/37	M / 103 00:28:33 / 71	00:01:54 / 65	01:18:05 / 85	00:02:04 / 71	00:56:55 / 172	<b>02:47:31</b>	00:49:23	
111	128	SIWIK MACIEJ		POL		77M35/22	M / 104 00:31:43 / 119	00:03:14 / 119	01:21:56 / 133	00:02:07 / 134	00:48:49 / 83	<b>02:47:49</b>	00:49:41	
112	149	OLECH MARCIN		POL		74M35/23	M / 105 00:37:11 / 194	00:02:19 / 178	01:16:54 / 76	00:01:40 / 124	00:49:48 / 98	<b>02:47:52</b>	00:49:44	
113	281	SZYMKO KRZYSZTOF		POL		YULORUN RUN TEAM SIEDLCE	80M30/38	M / 106 00:34:02 / 152	00:02:11 / 138	01:20:44 / 118	00:01:51 / 131	00:49:07 / 91	<b>02:47:55</b>	00:49:47
114	153	TRAMP SŁAWOMIR		POL		TRAMP TRANS	73M40/10	M / 107 00:31:03 / 104	00:03:53 / 118	01:19:18 / 101	00:02:36 / 117	00:51:26 / 115	<b>02:48:16</b>	00:50:08
115	238	GRZELAK JOANNA		POL		81W30/2	K / 8 00:31:50 / 120	00:02:18 / 109	01:25:39 / 176	00:01:40 / 143	00:46:50 / 58	<b>02:48:17</b>	00:50:09	
116	235	GIZICKI MAREK		POL		77M35/24	M / 108 00:25:18 / 29	00:03:49 / 53	01:24:43 / 165	00:02:24 / 110	00:52:23 / 130	<b>02:48:37</b>	00:50:29	
117	306	KRZAN GRZEGORZ		POL		62M50/2	M / 109 00:32:10 / 127	00:03:50 / 135	01:18:33 / 92	00:01:43 / 111	00:52:24 / 131	<b>02:48:40</b>	00:50:32	
118	277	STASIEWICZ DANIEL		POL		81M30/39	M / 110 00:32:09 / 126	00:02:14 / 112	01:18:26 / 90	00:01:40 / 100	00:54:13 / 150	<b>02:48:42</b>	00:50:34	
119	166	TUCZKO MARCIN		POL		83M30/40	M / 111 00:28:25 / 69	00:02:00 / 63	01:17:33 / 83	00:02:13 / 69	00:58:49 / 186	<b>02:49:00</b>	00:50:52	

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
120	118	PASTUSIAK ADAM	POL	AT TEAM	87	M25/21	M / 112 00:31:16 / 108	00:02:24 / 103	01:22:34 / 140	00:01:35 / 123	00:51:24 / 114	<b>02:49:13</b>	00:51:05
121	139	KONDRACIUK DARIUSZ	POL		75	M35/25	M / 113 00:39:56 / 217	00:03:34 / 214	01:19:21 / 104	00:02:36 / 166	00:43:46 / 33	<b>02:49:13</b>	00:51:05
122	217	ZAWADZKI MACIEJ	POL		74	M35/26	M / 114 00:30:56 / 102	00:04:05 / 121	01:15:30 / 56	00:01:56 / 88	00:57:01 / 173	<b>02:49:28</b>	00:51:20
123	172	KIEREŚ ARKADIUSZ	POL	WARSAW INTERNATIONAL TRIATHLON CLUB (WITC)	78	M35/27	M / 115 00:26:14 / 38	00:04:02 / 60	01:19:53 / 108	00:02:00 / 85	00:57:21 / 179	<b>02:49:30</b>	00:51:22
124	120	JĘDRZEJEWSKI GRZEGORZ	POL		75	M35/28	M / 116 00:27:24 / 55	00:01:38 / 49	01:20:12 / 111	00:01:23 / 72	00:59:01 / 187	<b>02:49:38</b>	00:51:30
125	34	DUDKOWIAK ANDRZEJ	POL	KANCELARIA ADWOKACKA DUDKOWIAK	81	M50/3	M / 117 00:27:22 / 53	00:02:52 / 58	01:25:47 / 177	00:01:13 / 120	00:52:31 / 132	<b>02:49:45</b>	00:51:37
126	321	JARMUŁ TOMASZ	POL	HP IRON TEAM	72	M40/11	M / 118 00:34:00 / 150	00:02:13 / 139	01:18:54 / 96	00:01:23 / 113	00:53:28 / 146	<b>02:49:58</b>	00:51:50
127	159	MIERZWIAK BARTOSZ	POL		77	M35/29	M / 119 00:35:47 / 177	00:03:27 / 176	01:18:39 / 95	00:02:03 / 139	00:50:06 / 100	<b>02:50:02</b>	00:51:54
128	206	SKWIRUT MICHAŁ	POL		76	M35/30	M / 120 00:27:58 / 63	00:03:04 / 69	01:30:20 / 206	00:01:05 / 151	00:48:06 / 69	<b>02:50:33</b>	00:52:25
129	237	GROSZEWSKI RADOSŁAW	POL		76	M35/31	M / 121 00:35:01 / 166	00:02:08 / 151	01:19:56 / 110	00:01:44 / 132	00:52:21 / 129	<b>02:51:10</b>	00:53:02
130	127	RADZIWIŃSKI STEFAN	POL		74	M35/32	M / 122 00:31:01 / 103	00:03:45 / 117	01:21:36 / 127	00:01:56 / 129	00:53:15 / 145	<b>02:51:33</b>	00:53:25
131	151	SYGA MICHAŁ	POL		84	M25/22	M / 123 00:31:56 / 122	00:03:46 / 131	01:19:22 / 106	00:01:45 / 116	00:54:45 / 156	<b>02:51:34</b>	00:53:26
132	102	GUZOWSKA IWONA	POL		74	W35/3	K / 9 00:36:32 / 183	00:03:24 / 183	01:21:08 / 120	00:01:37 / 154	00:49:11 / 92	<b>02:51:52</b>	00:53:44
133	124	KIEDA WOJCIECH	POL	TRENERFIT.PL	76	M35/33	M / 124 00:28:23 / 67	00:03:07 / 76	01:20:59 / 119	00:02:23 / 102	00:57:08 / 175	<b>02:52:00</b>	00:53:52
134	130	DAWIDCZYK ADAM	POL		84	M25/23	M / 125 00:36:39 / 185	00:02:12 / 169	01:21:12 / 121	00:01:23 / 142	00:50:43 / 106	<b>02:52:09</b>	00:54:01
135	211	JAROSZUK KAMIL	POL	INTERSPORT	78	M35/34	M / 126 00:35:16 / 172	00:01:28 / 143	01:23:25 / 150	00:01:28 / 144	00:50:42 / 105	<b>02:52:19</b>	00:54:11
136	163	GAWRYLUK PIOTR	POL	BOJARY BIAŁYSTOK	86	M25/24	M / 127 00:27:39 / 59	00:02:36 / 59	01:26:14 / 179	00:01:05 / 122	00:54:46 / 157	<b>02:52:20</b>	00:54:12
137	146	JUCHNIEWICZ LIDIA	POL	MRS. SPORTY POLSKA	81	W30/3	K / 10 00:32:35 / 131	00:02:28 / 122	01:24:30 / 161	00:01:26 / 141	00:51:31 / 118	<b>02:52:30</b>	00:54:22
138	122	BRYZEK ARNOLD	POL	UCIEKINIER	70	M40/12	M / 128 00:27:46 / 61	00:02:32 / 62	01:25:53 / 178	00:00:54 / 118	00:55:32 / 163	<b>02:52:37</b>	00:54:29
139	176	LACHOWIECKI WOJCIECH	POL		77	M35/35	M / 129 00:28:44 / 73	00:03:00 / 79	01:23:58 / 158	00:02:32 / 126	00:54:26 / 152	<b>02:52:40</b>	00:54:32
140	191	TURSKI MICHAŁ	POL	FUNRIDERS	74	M35/36	M / 130 00:28:20 / 66	00:03:28 / 81	01:21:36 / 128	00:02:03 / 107	00:57:17 / 177	<b>02:52:44</b>	00:54:36
141	136	ARNDT STEVEN	POL	WARSAW INTERNATIONAL TRIATHLON CLUB (WITC)	80	M30/41	M / 131 00:31:41 / 118	00:01:36 / 100	01:23:01 / 146	00:01:53 / 125	00:54:53 / 158	<b>02:53:04</b>	00:54:56
142	40	BARANKIEWICZ ARTUR	POL		81	M30/42	M / 132 00:40:55 / 221	00:02:36 / 215	01:23:40 / 154	00:01:37 / 186	00:45:03 / 40	<b>02:53:51</b>	00:55:43
143	141	ADAMCZAK JOANNA	POL		83	W30/4	K / 11 00:34:20 / 157	00:02:28 / 144	01:25:10 / 170	00:02:11 / 160	00:49:47 / 97	<b>02:53:56</b>	00:55:48
144	203	OMIELAN WOJCIECH	POL		94	M18/11	M / 133 00:30:46 / 100	00:04:48 / 128	01:25:31 / 175	00:01:17 / 148	00:51:50 / 119	<b>02:54:12</b>	00:56:04
145	311	SZCZYGIELSKI KRZYSZTOF	POL		60	M50/4	M / 134 00:33:53 / 146	00:02:18 / 137	01:21:40 / 129	00:02:06 / 140	00:54:16 / 151	<b>02:54:13</b>	00:56:05
146	251	LEWCZUK DANIEL	POL		75	M35/37	M / 135 00:35:33 / 175	00:02:59 / 163	01:19:19 / 102	00:01:52 / 136	00:55:11 / 160	<b>02:54:54</b>	00:56:46
147	243	KŁOS ADRIAN	POL		86	M25/25	M / 136 00:33:10 / 139	00:03:44 / 145	01:23:24 / 149	00:01:49 / 146	00:52:52 / 138	<b>02:54:59</b>	00:56:51
148	111	BARANOWSKI KAMIL	POL		85	M25/26	M / 137 00:32:11 / 128	00:01:48 / 107	01:21:25 / 124	00:01:06 / 112	00:58:41 / 184	<b>02:55:11</b>	00:57:03
149	218	ZMYSŁOWSKI ŁUKASZ	POL	WWW.RADCAPRAWNY-LUBLIN.PL	82	M30/43	M / 138					<b>02:55:16</b>	00:57:08
150	214	LETKOWSKI DARIUSZ	POL		78	M35/38	M / 139 00:33:19 / 141	00:05:03 / 160	01:22:42 / 141	00:03:26 / 162	00:51:05 / 109	<b>02:55:35</b>	00:57:27
151	16	JEZIERSKI MATEUSZ	POL	FIFI	74	M35/39	M / 140 00:32:41 / 134	00:01:30 / 111	01:26:43 / 181	00:01:32 / 149	00:53:14 / 143	<b>02:55:40</b>	00:57:32
152	56	BRÓDKA PAWEŁ	POL	TOMATO TRI TEAM RADOM	74	M35/40	M / 141 00:35:07 / 171	00:01:58 / 150	01:23:34 / 153	00:01:47 / 150	00:53:14 / 144	<b>02:55:40</b>	00:57:32

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.
153	174	TOMANEK KRZYSZTOF		POL		77M35/41	M / 142 00:31:21 / 112	00:04:41 / 136	01:24:33 / 162	00:02:25 / 156	00:52:51 / 137	<b>02:55:51</b>	00:57:43
154	196	LESZCZEWICZ ROBERT		POL		72M40/13	M / 143 00:35:59 / 180	00:04:32 / 191	01:22:28 / 139	00:02:48 / 168	00:50:15 / 102	<b>02:56:02</b>	00:57:54
155	234	FRĘCH TOMASZ		POL		86M25/27	M / 144 00:36:17 / 182	00:05:29 / 200	01:12:44 / 29	00:03:44 / 127	00:57:51 / 181	<b>02:56:05</b>	00:57:57
156	275	SAWICKI PAWEŁ		POL		68M45/5	M / 145 00:34:52 / 164	00:02:47 / 155	01:24:00 / 159	00:01:38 / 158	00:53:04 / 142	<b>02:56:21</b>	00:58:13
157	280	SZYMCZAK JAKUB		POL		84M25/28	M / 146 00:34:40 / 162	00:02:17 / 146	01:23:31 / 152	00:01:24 / 145	00:54:40 / 155	<b>02:56:32</b>	00:58:24
158	209	JANIK MAREK		POL	KB BIALA BIEGA	63M50/5	M / 147 00:30:04 / 92					<b>02:56:55</b>	00:58:47
159	249	KULASZEWICZ MARCIN		POL		83M30/44	M / 148 00:35:04 / 168	00:04:44 / 180	01:27:39 / 189	00:02:12 / 189	00:47:33 / 61	<b>02:57:12</b>	00:59:04
160	161	PIOTROWICZ KRZYSZTOF		POL		68M45/6	M / 149 00:40:42 / 218	00:02:01 / 207	01:22:02 / 136	00:01:28 / 171	00:51:55 / 121	<b>02:58:08</b>	01:00:00
161	170	GLOBERMAN KEN		USA	WARSAW INTERNATIONAL TRIATHLON CLUB (WITC)	69M40/14	M / 150 00:37:02 / 191	00:02:51 / 182	01:24:38 / 164	00:01:34 / 170	00:52:11 / 124	<b>02:58:16</b>	01:00:08
162	175	FACON SŁAWOMIR		POL	PĘDZĄCE WIEWIÓRY	80M30/45	M / 151 00:32:25 / 130	00:05:18 / 156	01:30:25 / 207	00:01:58 / 193	00:48:11 / 71	<b>02:58:17</b>	01:00:09
163	109	DUQUESNAY ANTOINE		FRA	WARSAW INTERNATIONAL TRIATHLON CLUB (WITC)	78M35/42	M / 152 00:31:38 / 117	00:02:15 / 105	01:27:56 / 192	00:01:10 / 155	00:55:22 / 162	<b>02:58:21</b>	01:00:13
164	254	MALISZEWSKI JERZY		POL	BANASZEK DUDA JAMIS TEAM	66M45/7	M / 153 00:32:12 / 129	00:03:19 / 127	01:22:15 / 137	00:02:04 / 138	00:59:08 / 188	<b>02:58:58</b>	01:00:50
165	123	BURACZEWSKI GRZEGORZ		POL		72M40/15	M / 154 00:38:16 / 203	00:03:38 / 202	01:23:55 / 156	00:01:40 / 177	00:51:50 / 120	<b>02:59:19</b>	01:01:11
166	316	KOPERA MARIUSZ		POL	HP IRON TEAM	79M30/46	M / 155 00:32:59 / 136	00:04:22 / 153	01:20:12 / 112	00:02:02 / 135	00:59:47 / 190	<b>02:59:22</b>	01:01:14
167	285	URBAŃCZYK MARCIN		POL		80M30/47	M / 156 00:35:48 / 178	00:03:04 / 170	01:22:46 / 144	00:00:59 / 153	00:56:51 / 171	<b>02:59:28</b>	01:01:20
168	293	ZALĘSKI ANDRZEJ		POL		65M45/8	M / 157 00:36:07 / 181	00:04:52 / 192	01:27:00 / 185	00:01:56 / 192	00:50:11 / 101	<b>03:00:06</b>	01:01:58
169	287	WIORA MACIEJ		POL		67M45/9	M / 158 00:34:03 / 153	00:03:02 / 149	01:20:29 / 116	00:01:18 / 133	01:01:22 / 197	<b>03:00:14</b>	01:02:06
170	278	STEC PRZEMYSŁAW		POL		83M30/48	M / 159 00:36:57 / 190	00:03:03 / 185	01:27:15 / 186	00:00:57 / 180	00:52:12 / 125	<b>03:00:24</b>	01:02:16
171	140	MULARCZYK SEBASTIAN		POL	VICTORIA ZAWIERCIE	77M35/43	M / 160 00:34:23 / 158	00:03:28 / 157	01:24:54 / 167	00:01:37 / 161	00:56:06 / 168	<b>03:00:28</b>	01:02:20
172	169	GAŚCZYK MICHAŁ		POL	CAPGEMINI	87M25/29	M / 161 00:31:55 / 121	00:01:47 / 104	01:23:25 / 151	00:01:31 / 130	01:01:54 / 203	<b>03:00:32</b>	01:02:24
173	129	STANIS MICHAŁ		POL		80M30/49	M / 162 00:36:49 / 188	00:03:26 / 190	01:26:51 / 182	00:02:22 / 188	00:51:15 / 111	<b>03:00:43</b>	01:02:35
174	256	MARZĘDA JACEK		POL		76M35/44	M / 163 00:31:27 / 113	00:07:32 / 172	01:25:24 / 172	00:01:41 / 169	00:54:56 / 159	<b>03:01:00</b>	01:02:52
175	261	MROZOWSKI JACEK		POL		84M25/30	M / 164 00:35:05 / 170	00:02:55 / 158	01:25:00 / 168	00:01:02 / 159	00:58:26 / 182	<b>03:02:28</b>	01:04:20
176	284	TOLWIŃSKI WOJCIECH		POL		64M45/10	M / 165 00:38:59 / 212	00:04:21 / 213	01:21:41 / 130	00:01:52 / 174	00:55:53 / 166	<b>03:02:46</b>	01:04:38
177	134	KAPKOWSKI MARCIN		POL		76M35/45	M / 166 00:40:52 / 219	00:03:20 / 218	01:19:17 / 100	00:02:17 / 167	00:57:04 / 174	<b>03:02:50</b>	01:04:42
178	309	LEWANDOWSKI PIOTR		POL		78M35/46	M / 167 00:38:43 / 207	00:02:29 / 194	01:27:42 / 191	00:01:42 / 195	00:52:42 / 136	<b>03:03:18</b>	01:05:10
179	200	FORETEK ŁUKASZ		POL		83M30/50	M / 168 00:31:18 / 109	00:02:43 / 108	01:26:17 / 180	00:01:55 / 147	01:01:31 / 201	<b>03:03:44</b>	01:05:36
180	250	KUPTEL ROBERT		POL		75M35/47	M / 169 00:34:01 / 151	00:04:01 / 159	01:32:10 / 213	00:01:39 / 201	00:52:19 / 127	<b>03:04:10</b>	01:06:02
181	158	STRZEŚNIEWSKI MAREK		POL	IMPACT TEAM	57M55/1	M / 170 00:37:16 / 196	00:03:54 / 193	01:27:42 / 190	00:02:25 / 199	00:52:58 / 140	<b>03:04:15</b>	01:06:07
182	312	RYCIUK ALEKSANDRA		POL		83W30/5	K / 12 00:26:40 / 43	00:02:21 / 48	01:36:18 / 222	00:01:40 / 175	00:57:17 / 176	<b>03:04:16</b>	01:06:08
183	131	KMITA KRZYSZTOF		POL		80M30/51	M / 171 00:35:03 / 167	00:03:44 / 166	01:33:15 / 215	00:01:06 / 203	00:51:17 / 113	<b>03:04:25</b>	01:06:17
184	148	ŁĄTKOWSKA MIRKA		POL		78W35/4	K / 13 00:38:41 / 206	00:03:41 / 205	01:27:29 / 188	00:02:05 / 202	00:52:39 / 135	<b>03:04:35</b>	01:06:27
185	180	BERKOVICS IGORS		LTU	WARSAW INTERNATIONAL TRIATHLON CLUB	83M30/52	M / 172 00:35:44 / 176	00:03:24 / 175	01:25:31 / 174	00:01:36 / 172	00:59:14 / 189	<b>03:05:29</b>	01:07:21

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.		
CLUB (WITC)															
186	229	CIOMEK MICHAŁ		POL			83M30/53	M / 173	00:34:45 / 163	00:03:50 / 164	01:27:00 / 184	00:02:39 / 182	00:57:17 / 178	<b>03:05:31</b>	01:07:23
187	212	WAZOWICZ GRZEGORZ		POL			75M35/48	M / 174	00:37:08 / 193	00:03:02 / 187	01:26:53 / 183	00:02:18 / 187	00:56:14 / 169	<b>03:05:35</b>	01:07:27
188	202	KARLOWSKA KATARZYNA		POL			86W25/1	K / 14	00:38:44 / 208	00:02:30 / 196	01:27:59 / 193	00:01:25 / 196	00:55:13 / 161	<b>03:05:51</b>	01:07:43
189	292	WÓJCICKI GRZEGORZ		POL	LEKSEEK POLSKA		73M40/16	M / 175	00:37:25 / 198	00:04:23 / 201	01:25:22 / 171	00:02:42 / 191	00:56:05 / 167	<b>03:05:57</b>	01:07:49
190	173	MIELNICZEK PAWEŁ		POL			85M25/31	M / 176	00:32:05 / 124	00:04:55 / 148	01:28:23 / 194	00:01:57 / 176	00:58:46 / 185	<b>03:06:06</b>	01:07:58
191	307	STRZELECKI MAREK		POL			58M55/2	M / 177	00:34:34 / 160	00:04:03 / 165	01:22:01 / 135	00:04:42 / 164	01:00:59 / 195	<b>03:06:19</b>	01:08:11
192	266	PACHLA ADAM		POL	POLSAT MEDIA		79M30/54	M / 178	00:41:33 / 222	00:03:10 / 219	01:28:35 / 195	00:01:34 / 211	00:52:55 / 139	<b>03:07:47</b>	01:09:39
193	255	MARSZAŁEK MARCIN		POL			70M40/17	M / 179	00:38:20 / 204	00:03:07 / 198	01:24:36 / 163	00:01:40 / 178	01:00:30 / 193	<b>03:08:13</b>	01:10:05
194	154	BARANOWSKI WALDEMAR		POL	AKB BAMBOSZ		05M70/1	M / 180	00:35:26 / 173	00:02:06 / 154	01:29:37 / 200	00:01:34 / 185	00:59:54 / 192	<b>03:08:37</b>	01:10:29
195	194	PLAWIAK WOJCIECH		POL			85M25/32	M / 181	00:36:45 / 186	00:03:01 / 179	01:29:58 / 204	00:01:31 / 198	00:57:43 / 180	<b>03:08:58</b>	01:10:50
196	303	SMALDLONA IZA		POL			64W45/1	K / 15	00:37:14 / 195	00:02:49 / 186	01:33:16 / 216	00:01:42 / 212	00:54:36 / 154	<b>03:09:37</b>	01:11:29
197	177	RYCHLICKI KAROL		POL			85M25/33	M / 182	00:39:37 / 216	00:03:02 / 206	01:29:13 / 199	00:02:07 / 209	00:55:41 / 165	<b>03:09:40</b>	01:11:32
198	201	HIRSZTRITT JACEK		POL			89M18/12	M / 183	00:32:07 / 125	00:04:15 / 141	01:33:55 / 218	00:01:11 / 200	00:58:26 / 183	<b>03:09:54</b>	01:11:46
199	215	OSTROWSKI MICHAŁ		POL	12TRI.PL		77M35/49	M / 184	00:33:53 / 147	00:01:37 / 126	01:25:07 / 169	00:02:31 / 157	01:07:02 / 217	<b>03:10:10</b>	01:12:02
200	189	PAWLIK KRZYSZTOF		POL	KB LEROY MERLIN		71M40/18	M / 185	00:36:55 / 189	00:03:02 / 184	01:27:15 / 187	00:01:02 / 181	01:02:26 / 205	<b>03:10:40</b>	01:12:32
201	228	CHOMCZYK MICHAŁ		POL			86M25/34	M / 186	00:34:07 / 154	00:04:54 / 173	01:36:45 / 224	00:01:11 / 217	00:53:51 / 148	<b>03:10:48</b>	01:12:40
202	216	ZDANIO PAWEŁ		POL			84M25/35	M / 187	00:35:58 / 179	00:04:13 / 188	01:22:24 / 138	00:02:51 / 165	01:05:41 / 212	<b>03:11:07</b>	01:12:59
203	183	MATUSIAK JAKUB		POL	CAPGEMINI		79M30/55	M / 188	00:34:57 / 165	00:03:52 / 168	01:24:46 / 166	00:01:43 / 163	01:06:16 / 215	<b>03:11:34</b>	01:13:26
204	182	CUDECKI DAMIAN		POL			76M35/50	M / 189	00:39:34 / 215	00:03:16 / 210	01:23:47 / 155	00:01:33 / 179	01:04:22 / 209	<b>03:12:32</b>	01:14:24
205	198	GRZELAK MICHAŁ		POL			63M50/6	M / 190	00:38:05 / 201	00:03:24 / 199	01:22:48 / 145	00:02:29 / 173	01:05:48 / 213	<b>03:12:34</b>	01:14:26
206	313	LEWANDOWSKI KRZYSZTOF		POL			69M40/19	M / 191	00:34:38 / 161	00:02:39 / 152	01:28:57 / 198	00:02:05 / 184	01:04:52 / 211	<b>03:13:11</b>	01:15:03
207	241	KAMIŃSKI DAWID		POL			88M25/36	M / 192	00:34:26 / 159	00:04:00 / 162	01:29:56 / 203	00:01:47 / 194	01:03:18 / 208	<b>03:13:27</b>	01:15:19
208	155	GALA MICHAŁ		POL			86M25/37	M / 193	00:28:31 / 70	00:03:02 / 78	01:40:33 / 225	00:01:40 / 208	00:59:48 / 191	<b>03:13:34</b>	01:15:26
209	160	POMASTOWSKI GRZEGORZ		POL			54M55/3	M / 194	00:45:22 / 228	00:02:41 / 223	01:22:45 / 143	00:02:28 / 204	01:01:10 / 196	<b>03:14:26</b>	01:16:18
210	291	ZALOGA ZUZANNA		POL			82W30/6	K / 16	00:35:28 / 174	00:02:56 / 161	01:30:12 / 205	00:01:09 / 190	01:04:51 / 210	<b>03:14:36</b>	01:16:28
211	199	PUCH TOMASZ		POL			77M35/51	M / 195	00:45:05 / 227	00:04:21 / 225	01:21:57 / 134	00:02:08 / 205	01:01:29 / 200	<b>03:15:00</b>	01:16:52
212	233	ELLER MARCIN		POL			83M30/56	M / 196	00:31:36 / 116	00:07:54 / 177	01:28:54 / 197	00:05:10 / 206	01:01:53 / 202	<b>03:15:27</b>	01:17:19
213	110	BROOKE ANTHONY		USA			73M40/20	M / 197	00:34:18 / 156	00:01:19 / 130	01:25:30 / 173	00:01:29 / 152	01:15:28 / 224	<b>03:18:04</b>	01:19:56
214	230	DAVIES STEVE		POL	AGR WELODROM		67M45/11	M / 198	00:42:04 / 224	00:06:06 / 224	01:32:05 / 212	00:02:20 / 223	00:55:40 / 164	<b>03:18:15</b>	01:20:07
215	289	ZALEWSKI PIOTR		POL	ALETEMPO		69M40/21	M / 199	00:42:20 / 225	00:02:46 / 220	01:31:09 / 210	00:01:12 / 218	01:01:23 / 198	<b>03:18:50</b>	01:20:42
216	244	KONDRACIUK DANIEL		POL			76M35/52	M / 200	00:37:03 / 192	00:04:10 / 195	01:23:57 / 157	00:03:09 / 183	01:10:37 / 221	<b>03:18:56</b>	01:20:48
217	247	KRASUSKI ROBERT		POL			67M45/12	M / 201	00:36:49 / 187	00:05:15 / 203	01:30:38 / 208	00:00:58 / 207	01:05:55 / 214	<b>03:19:35</b>	01:21:27
218	207	WSZOŁA PAWEŁ		POL			69M40/22	M / 202	00:37:26 / 199	00:04:54 / 204	01:32:49 / 214	00:01:38 / 214	01:02:51 / 206	<b>03:19:38</b>	01:21:30

Msc Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	R-k YoB	W kategorii in Age	Pływanie	T1/Pozycja	Rower	T2/Pozycja	Bieg	Wynik Time	Strata Diff.	
219	239	JARUGA PIOTR		POL	85M25/38	M / 203	00:41:57 / 223	00:04:21 / 222	01:29:50 / 202	00:02:55 / 219	01:01:56 / 204	<b>03:20:59</b>	01:22:51	
220	304	CZARNECKI MARCIN		POL	77M35/53	M / 204	00:39:19 / 213	00:04:49 / 217	01:33:57 / 219	00:02:40 / 221	01:02:52 / 207	<b>03:23:37</b>	01:25:29	
221	171	JASTRZĄB EWA		POL	83W30/7	K / 17	00:38:48 / 210	00:04:18 / 211	01:35:35 / 221	00:03:30 / 222	01:01:26 / 199	<b>03:23:37</b>	01:25:29	
222	272	PUSZKAR JAROSŁAW		POL	79M30/57	M / 205	00:40:55 / 220	00:03:04 / 216	01:29:41 / 201	00:03:14 / 216	01:06:56 / 216	<b>03:23:50</b>	01:25:42	
223	240	KALINOWSKI LESZEK		POL	73M40/23	M / 206	00:53:05 / 229	00:04:51 / 226	01:23:11 / 148	00:02:10 / 224	01:00:33 / 194	<b>03:23:50</b>	01:25:42	
224	276	SOLDAN MACIEJ		POL	72M40/24	M / 207	00:38:30 / 205	00:02:53 / 197	01:33:24 / 217	00:01:36 / 213	01:09:07 / 220	<b>03:25:30</b>	01:27:22	
225	103	KAROLAK TOMASZ		POL	71M40/25	M / 208	00:38:11 / 202	00:02:04 / 189	01:28:47 / 196	00:01:45 / 197	01:15:06 / 223	<b>03:25:53</b>	01:27:45	
226	205	POWAJBO KRZYSZTOF		POL	80M30/58	M / 209	00:38:46 / 209	00:03:58 / 208	01:35:04 / 220	00:01:39 / 220	01:07:51 / 219	<b>03:27:18</b>	01:29:10	
227	245	KOPPEN HANS		GER	WARSAW INTERNATIONAL TRIATHLON CLUB (WITC)	66M45/13	M / 210	00:39:33 / 214	00:03:14 / 209	01:31:23 / 211	00:02:41 / 215	01:13:43 / 222	<b>03:30:34</b>	01:32:26
228	270	PIWOWARSKA MAŁGORZATA		POL	WTT WARSZAWA	89W20/5	K / 18	00:42:48 / 226	00:02:52 / 221	01:36:30 / 223	00:01:41 / 225	01:07:18 / 218	<b>03:31:09</b>	01:33:01
229	186	SAMPLAWSKI MICHAŁ		POL		83M30/59	M / 211	00:37:55 / 200	00:01:55 / 181	01:30:51 / 209	00:03:32 / 210	01:17:46 / 225	<b>03:31:59</b>	01:33:51
230	265	NOWAK STANISŁAW		POL		56M55/4	M / 212	00:38:48 / 211	00:04:25 / 212	01:41:38 / 226	00:02:47 / 226	01:41:05 / 226	<b>04:08:43</b>	02:10:35