

Szczytnicka Piątka

WYNIKI ZAWODÓW











































Bieg Główny 5km

Organizator: Stowarzyszenie OMW

Termin: 08.03.2015

Miejsce: Wrocław

Dystans: 5 km

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Czas Time	[min/km]
Bieg Główny 5km Kobiety KATEGORIA:K60										
1	411	SROKA Janina	WROCLAW	 POL		55	K60/1	(K)26	00:24:05	04.49
2	262	ŁABUZ Ewa	WROCLAW	 POL		55	K60/2	(K)41	00:25:44	05.08
3	161	SRZEDNICKA Jolanta	WROCLAW	 POL		49	K60/3	(K)93	00:29:50	05.58
Bieg Główny 5km Kobiety KATEGORIA:K50										
1	103	GADZIŃSKA Krystyna	WROCLAW	 POL		64	K50/1	(K)51	00:26:39	05.19
2	383	DRUŻYŁKOWSKA Ewa	WROCLAW	 POL		63	K50/2	(K)80	00:28:39	05.43
3	191	STROJWAŚ Anna	WROCLAW	 POL		57	K50/3	(K)105	00:30:34	06.06
4	59	KSOK Krystyna	WROCLAW	 POL		58	K50/4	(K)115	00:32:57	06.35
5	290	JÓŹWIAK Danuta	WROCLAW	 POL		62	K50/5	(K)121	00:33:19	06.39
Bieg Główny 5km Kobiety KATEGORIA:K40										
1	305	TYCZKOWSKA Agnieszka	WROCLAW	 POL		72	K40/1	(K)20	00:23:14	04.38
2	217	CZARNECKA Joanna	WROCLAW	 POL		74	K40/2	(K)27	00:24:08	04.49
3	107	FRANKOWSKA Elżbieta	WROCLAW	 POL		70	K40/3	(K)29	00:24:36	04.55
4	231	JASTRZĘBSKA Agnieszka	WROCLAW	 POL		72	K40/4	(K)33	00:24:55	04.59
5	236	KOZUBAL Joanna	WROCLAW	 POL		74	K40/5	(K)34	00:25:05	05.01
6	105	BURY Elżbieta	WROCLAW	 POL		70	K40/6	(K)35	00:25:07	05.01
7	394	ŁUKAWICZ Aneta	WROCLAW	 POL		74	K40/7	(K)45	00:26:10	05.14
8	395	BURKOWSKA Agnieszka	WROCLAW	 POL		75	K40/8	(K)48	00:26:35	05.19
9	271	BROJANOWSKA Marzena	WROCLAW	 POL		68	K40/9	(K)50	00:26:37	05.19
10	206	CHODORSKA Anna	WROCLAW	 POL		74	K40/10	(K)56	00:26:51	05.22
11	130	BAZELA Monika	WROCLAW	 POL		74	K40/11	(K)57	00:26:53	05.22
12	205	BUŁA Barbara	WROCLAW	 POL		73	K40/12	(K)58	00:27:01	05.24
13	213	JĘDRYAS-SAMOLEJ Agata	KAMIENIEC	 POL		74	K40/13	(K)60	00:27:03	05.24
14	324	MAŁECKA Jolanta	WROCLAW	 POL		71	K40/14	(K)61	00:27:20	05.28
15	375	GRABOWSKA Agata	KIELCZÓW	 POL		67	K40/15	(K)73	00:28:01	05.36
16	325	ORZECHOWSKA Agnieszka	WROCLAW	 POL		66	K40/16	(K)86	00:29:03	05.48
17	274	KOSIBA-ROGALA Wioletta	WROCLAW	 POL		74	K40/17	(K)101	00:30:30	06.06
18	316	WASIAK Małgorzata	MOKRONOS DOLNY	 POL		67	K40/18	(K)107	00:30:55	06.11
19	307	FIGASZEWSKA Joanna	WROCLAW	 POL		75	K40/19	(K)108	00:30:56	06.11
20	422	FUDALA Anna	WROCLAW	 POL		73	K40/20	(K)111	00:31:57	06.23
21	313	KOPEĆ Justyna	WROCLAW	 POL		74	K40/21	(K)125	00:33:31	06.42
22	88	BALCERZAK Teresa	WROCLAW	 POL		69	K40/22	(K)126	00:33:31	06.42
23	246	KAMINSKA Magda	WROCLAW	 POL		74	K40/23	(K)127	00:33:34	06.42
24	366	DROZDOWSKA Anna	WROCLAW	 POL		71	K40/24	(K)128	00:33:41	06.44
25	319	WOJCIECHOWSKA Barbara	WROCLAW	 POL		69	K40/25	(K)132	00:34:14	06.50
26	384	WIECZOREK Małgorzata	WROCLAW	 POL		73	K40/26	(K)135	00:35:26	07.05
Bieg Główny 5km Kobiety KATEGORIA:K30										
1	226	PISKOROWSKA Danuta	WROCLAW	 POL		80	K30/1	(K)1	00:19:38	03.55
2	407	JONKO Magdalena	WROCLAW	 POL		85	K30/2	(K)3	00:20:19	04.03
3	241	LITWIN Monika	WROCLAW	 POL		82	K30/3	(K)4	00:20:44	04.08
4	237	ANDRZEJCZUK Marzena	WROCLAW	 POL		78	K30/4	(K)5	00:20:54	04.10
5	352	GOCHA Monika	WROCLAW	 POL		76	K30/5	(K)6	00:21:01	04.12
6	20	WIKTORSKA Małgorzata	WROCLAW	 POL		82	K30/6	(K)11	00:21:49	04.21
7	135	KACHNIARZ Magdalena	WROCLAW	 POL		83	K30/7	(K)12	00:21:57	04.23
8	9	KOWALEWSKA Teresa	ZGORZELEC	 POL		83	K30/8	(K)14	00:22:25	04.29

<i>Miejsce Rank</i>	<i>Nr Bib</i>	<i>Nazwisko i imię Name</i>	<i>Miejscowość City</i>	<i>Kraj Nat</i>	<i>Drużyna Team</i>	<i>R-k YoB</i>	<i>W kategorii in Age Sex</i>	<i>Czas Time</i>	<i>[min/km]</i>
9	39	FILARSKA Małgorzata	WROCLAW	POL		81	K30/9 (K)16	00:23:01	04.36
10	26	BARAN Ewa	WROCLAW	POL		78	K30/10 (K)18	00:23:09	04.37
11	197	MICHALIK Anna	WROCLAW	POL		81	K30/11 (K)21	00:23:15	04.39
12	275	HOLEKSA Jolanta	WROCLAW	POL		83	K30/12 (K)22	00:23:15	04.39
13	27	KUCZKOWSKA Aneta	WROCLAW	POL		81	K30/13 (K)23	00:23:18	04.39
14	297	KOZŁOWSKA Małgorzata	WROCLAW	POL		83	K30/14 (K)25	00:23:26	04.41
15	159	ŚWIĄTEK Katarzyna	WROCLAW	POL		83	K30/15 (K)31	00:24:52	04.58
16	288	ĆWIEK Sabina	SIECHNICE	POL		78	K30/16 (K)32	00:24:55	04.59
17	360	JANKOWSKA Agata	WROCLAW	POL		79	K30/17 (K)36	00:25:11	05.02
18	43	MONASTERSKA Agata	WROCLAW	POL		83	K30/18 (K)37	00:25:27	05.05
19	210	BONDAREWICZ Agata	WROCLAW	POL		79	K30/19 (K)38	00:25:38	05.07
20	338	PISZCZEK Magdalena	WROCLAW	POL		80	K30/20 (K)39	00:25:38	05.07
21	267	NIEMIEC Katarzyna	WROCLAW	POL		83	K30/21 (K)42	00:25:51	05.10
22	85	WACHOWSKA Dorota	WROCLAW	POL		79	K30/22 (K)43	00:25:51	05.10
23	367	ZAGROBELNA Magdalena	WROCLAW	POL		78	K30/23 (K)47	00:26:31	05.18
24	250	LISIŃSKA Katarzyna	WROCLAW	POL		85	K30/24 (K)49	00:26:35	05.19
25	284	JAGIEŁŁO KOLAWA Katarzyna	WROCLAW	POL		77	K30/25 (K)54	00:26:51	05.22
26	7	MACIOROWSKA Ewa	WROCLAW	POL		84	K30/26 (K)59	00:27:01	05.24
27	13	MAZURCZAK Ewa	KIELCZÓWEK	POL		77	K30/27 (K)64	00:27:27	05.29
28	292	PRIGAN Anna	WROCLAW	POL		78	K30/28 (K)65	00:27:33	05.30
29	331	KACZMARZYK Katarzyna	WROCLAW	POL		84	K30/29 (K)66	00:27:33	05.30
30	11	ŁOŚ Marta	WROCLAW	POL		85	K30/30 (K)69	00:27:46	05.33
31	287	JANKOWSKA Agnieszka	WROCLAW	POL		85	K30/31 (K)71	00:27:57	05.35
32	256	BOJAN Alina	WROCLAW	POL		82	K30/32 (K)75	00:28:31	05.42
33	101	JAKUBCZAK Elżbieta	WROCLAW	POL		80	K30/33 (K)76	00:28:33	05.42
34	314	GRODZICKA Maja	WROCLAW	POL		80	K30/34 (K)77	00:28:33	05.42
35	123	MICHUŁKA Aleksandra	WROCLAW	POL		83	K30/35 (K)79	00:28:37	05.43
36	386	PEWNIAK Ewa	WROCLAW	POL		76	K30/36 (K)84	00:28:58	05.47
37	77	BRZECKA Małgorzata	WROCLAW	POL		83	K30/37 (K)88	00:29:12	05.50
38	340	GROCHOLA Magdalena	WROCLAW	POL		79	K30/38 (K)89	00:29:16	05.51
39	248	BIELECKA Ewa	WROCLAW	POL		77	K30/39 (K)90	00:29:17	05.51
40	175	KUPCZYŃSKA Halszka	WROCLAW	POL		82	K30/40 (K)91	00:29:22	05.52
41	369	KASPRZAK Izabela	WROCLAW	POL		76	K30/41 (K)94	00:29:54	05.58
42	318	PRZEŹDZIECKA Małgorzata	KIELCZÓWEK	POL		78	K30/42 (K)95	00:30:06	06.01
43	358	STASZEK-SZEWCZYK Urszula	TYNIEC MAŁY	POL		77	K30/43 (K)96	00:30:09	06.01
44	312	CZECH Dorota	WROCLAW	POL		76	K30/44 (K)98	00:30:17	06.03
45	342	BABISZEWSKA Magdalena	WROCLAW	POL		84	K30/45 (K)99	00:30:21	06.04
46	301	BRODZIAK Agnieszka	WROCLAW	POL		85	K30/46 (K)100	00:30:29	06.05
47	363	ŁOBODZIŃSKA Agnieszka	WROCLAW	POL		85	K30/47 (K)106	00:30:45	06.09
48	392	MICHALSKA Dagmara	WROCLAW	POL		77	K30/48 (K)109	00:31:01	06.12
49	282	WĘGRZYNOWSKA Anna	WROCLAW	POL		84	K30/49 (K)114	00:32:51	06.34
50	19	SŁOTA Małgorzata	DABRÓWKA	POL		79	K30/50 (K)116	00:33:04	06.36
51	372	MAKARO Emilia	WROCLAW	POL		84	K30/51 (K)122	00:33:20	06.40
52	71	BALCERZAK Sylwia	WROCLAW	POL		79	K30/52 (K)124	00:33:26	06.41
53	170	CHORAŻAK Żaneta	WROCLAW	POL		81	K30/53 (K)129	00:33:52	06.46
54	202	MIELCAREK Izabela	WROCLAW	POL		79	K30/54 (K)130	00:33:59	06.47
55	414	TREPKO Beata	WROCLAW	POL		80	K30/55 (K)131	00:34:10	06.50
56	345	DYŁA Iza	WROCLAW	POL		84	K30/56 (K)133	00:34:14	06.50
57	376	GANCAREK Sybilla	WROCLAW	POL		77	K30/57 (K)134	00:34:16	06.51
58	64	GIL-KORYNEK Anita	WROCLAW	POL		84	K30/58 (K)136	00:35:40	07.08
59	401	ZAWIŚLAŃSKA Agnieszka	WROCLAW	POL		84	K30/59 (K)137	00:36:04	07.12
60	396	FIALKOWSKA Katarzyna	KĄTY WROCLAWSKIE	POL		81	K30/60 (K)139	00:38:39	07.43

Bieg Główny 5km Kobiety KATEGORIA:K20

1	142	CHRUSZCZ Magdalena	WROCLAW	POL		88	K20/1 (K)2	00:19:50	03.58
2	332	GAŁECKA Anna	LUBIN	POL		88	K20/2 (K)7	00:21:27	04.17
3	285	JURASIK Magda	WROCLAW	POL		90	K20/3 (K)8	00:21:43	04.20
4	245	LEWICKA Justyna	WROCLAW	POL		88	K20/4 (K)9	00:21:48	04.21
5	65	PROKSZ Marta	PIEKARY ŚLĄSKIE	POL		87	K20/5 (K)10	00:21:48	04.21

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	[min/km]
6	347	MĘDREK Paulina	WROCLAW	POL		88	K20/6 (K)13	00:22:00	04.24
7	152	KOCHMAN Katarzyna	WROCLAW	POL		86	K20/7 (K)15	00:22:28	04.29
8	163	BRZAŃKAŁA Katarzyna	WROCLAW	POL		91	K20/8 (K)17	00:23:02	04.36
9	102	STANOK Patrycja	ŚWIERZAWA	POL		94	K20/9 (K)19	00:23:12	04.38
10	258	PŁOCIŃSKA Sandra	CHMIELÓW	POL		89	K20/10 (K)24	00:23:24	04.40
11	81	ULIKOWSKA Martyna	WROCLAW	POL		91	K20/11 (K)28	00:24:28	04.53
12	23	KACZMAREK Katarzyna	KALISZ	POL		93	K20/12 (K)30	00:24:45	04.57
13	341	GÓRNA Sara	WROCLAW	POL		94	K20/13 (K)40	00:25:43	05.08
14	14	SKOWRON Magdalena	ŚWIDNICA	POL		89	K20/14 (K)44	00:25:56	05.11
15	335	MATICH Karolina	WROCLAW	POL		86	K20/15 (K)46	00:26:16	05.15
16	153	KMIECIK Dorota	JELCZ- LASKOWICE	POL		91	K20/16 (K)52	00:26:48	05.21
17	84	NIEWCZAS Paula	KLUKI	POL		86	K20/17 (K)53	00:26:50	05.22
18	391	SZCZĘCH Justyna	WROCLAW	POL		88	K20/18 (K)55	00:26:51	05.22
19	225	PRUKOP Iwona	WROCLAW	POL		94	K20/19 (K)62	00:27:24	05.28
20	67	KOZŁOWSKA Ewa	WROCLAW	POL		86	K20/20 (K)63	00:27:24	05.28
21	334	ZAWADZKA Julia	WROCLAW	POL		86	K20/21 (K)67	00:27:35	05.31
22	66	ZIŁKOWSKA Magdalena	WROCLAW	POL		90	K20/22 (K)68	00:27:38	05.31
23	112	ROSS Marta	WROCLAW	POL		91	K20/23 (K)70	00:27:48	05.33
24	266	CZERWIEC Barbara	WROCLAW	POL		86	K20/24 (K)72	00:28:00	05.36
25	218	SMOLINA Irina	WROCLAW	POL		87	K20/25 (K)74	00:28:27	05.41
26	212	NOCOŃ Marta	WROCLAW	POL		86	K20/26 (K)78	00:28:34	05.42
27	171	OLSZEWSKA Magdalena	WROCLAW	POL		90	K20/27 (K)81	00:28:41	05.44
28	138	SOBİŁO Diana	JAROCIN	POL		91	K20/28 (K)82	00:28:43	05.44
29	359	REWERS Sylwia	WROCLAW	POL		92	K20/29 (K)83	00:28:56	05.47
30	388	KAMIŃSKA Katarzyna	WARSZAWA	POL		94	K20/30 (K)85	00:29:02	05.48
31	286	KUBIK Ewa	WROCLAW	POL		88	K20/31 (K)87	00:29:12	05.50
32	228	RUBASZEWSKA Karolina	WROCLAW	POL		87	K20/32 (K)92	00:29:36	05.55
33	328	PECZYŃKO Natalia	WROCLAW	POL		89	K20/33 (K)97	00:30:12	06.02
34	397	ZAPOTOCKA Anna	WROCLAW	POL		88	K20/34 (K)102	00:30:30	06.06
35	145	KOŁODZIEJ Malwina	WROCLAW	POL		87	K20/35 (K)103	00:30:31	06.06
36	336	WITTENBECK Patrycja	WROCLAW	POL		93	K20/36 (K)104	00:30:32	06.06
37	374	GOŁĄB Monika	WROCLAW	POL		87	K20/37 (K)110	00:31:25	06.17
38	362	KOZAK Monika	WROCLAW	POL		92	K20/38 (K)112	00:32:23	06.28
39	8	LISOWSKA Agata	WROCLAW	POL		90	K20/39 (K)113	00:32:45	06.33
40	317	WASIAK Katarzyna	SMOLEC	POL		88	K20/40 (K)117	00:33:06	06.37
41	343	CIEŚLA Aneta	WROCLAW	POL		89	K20/41 (K)118	00:33:06	06.37
42	148	KUCHARSKA Magda	WROCLAW	POL		87	K20/42 (K)119	00:33:10	06.38
43	173	JURASIK Monika	WROCLAW	POL		88	K20/43 (K)120	00:33:10	06.38
44	413	KRÓL Małgorzata	WROCLAW	POL		88	K20/44 (K)123	00:33:23	06.40
45	157	RZĄDKOWSKA Aleksandra	WROCLAW	POL		90	K20/45 (K)138	00:36:29	07.17

Bieg Główny 5km Mężczyźni KATEGORIA:M70

1	420	ZALĘSKI Henryk	SOBÓTKA	POL		45	M70/1 (M)79	00:21:44	04.20
2	115	PUSZCZEWICZ Zenon	PISARZOWICE	POL		41	M70/2 (M)129	00:23:32	04.42
3	259	PAWLACZYK Marian	WROCLAW	POL		34	M70/3 (M)223	00:30:42	06.08
4	94	PATER Zbigniew	WROCLAW	POL		40	M70/4 (M)226	00:31:20	06.16

Bieg Główny 5km Mężczyźni KATEGORIA:M60

1	339	KICINSKI Roman	PERKOWO	POL		54	M60/1 (M)42	00:20:15	04.03
2	294	ZIENKIEWICZ Kazimierz	WROCLAW	POL		51	M60/2 (M)60	00:20:58	04.11
3	98	NOWICKI Zbigniew	WROCLAW	POL		50	M60/3 (M)71	00:21:25	04.17
4	353	WESOŁOWSKI Stanisław	URAZ	POL		54	M60/4 (M)73	00:21:29	04.17
5	24	BORA Andrzej	WROCLAW	POL		48	M60/5 (M)156	00:24:50	04.58
6	390	LEWANDOWSKI Tadeusz	WROCLAW	POL		49	M60/6 (M)160	00:25:01	05.00
7	35	KUCZKOWSKI Stanisław	WROCLAW	POL		52	M60/7 (M)163	00:25:04	05.00
8	83	NOWAK Sylwester	WROCLAW	POL		55	M60/8 (M)179	00:26:00	05.12
9	56	FLORCZAK Zdzisław	WROCLAW	POL		52	M60/9 (M)194	00:27:08	05.25
10	399	KOSA Jerzy	WROCLAW	POL		50	M60/10 (M)197	00:27:21	05.28

Bieg Główny 5km Mężczyźni KATEGORIA:M50

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age	Sex	Czas Time	[min/km]
1	2	KIEŁCZEWSKI Grzegorz	WROCLAW	POL		60	M50/1	(M)4	00:16:36	03.19
2	1	PIECZUROWSKI Sławomir	WROCLAW	POL		60	M50/2	(M)6	00:16:50	03.22
3	104	GADZIŃSKI Marek	WROCLAW	POL		62	M50/3	(M)19	00:18:30	03.42
4	40	ZAGROBELNY Radosław	WROCLAW	POL		64	M50/4	(M)24	00:18:46	03.45
5	183	TOMCZAK Henryk	WROCLAW	POL		62	M50/5	(M)25	00:18:55	03.47
6	121	KASPRZAK Tomasz	WROCLAW	POL		63	M50/6	(M)40	00:20:10	04.02
7	270	GIL Zygmunt	WROCLAW	POL		57	M50/7	(M)43	00:20:16	04.03
8	189	ŁUDZIŃSKI Mirosław	WROCLAW	POL		60	M50/8	(M)57	00:20:52	04.10
9	190	BAUER Andreas	WROCLAW	POL		64	M50/9	(M)59	00:20:58	04.11
10	31	KOSIOŁ Andrzej	WROCLAW	POL		64	M50/10	(M)61	00:20:59	04.11
11	419	STANKIEWICZ Antoni	SOBÓTKA	POL		58	M50/11	(M)63	00:21:03	04.12
12	58	SMAZA Dariusz	WROCLAW	POL		63	M50/12	(M)67	00:21:15	04.15
13	265	NOWAKOWSKI Wiesław	WROCLAW	POL		64	M50/13	(M)88	00:22:01	04.24
14	60	KSOK Mirosław	WROCLAW	POL		57	M50/14	(M)93	00:22:17	04.27
15	28	STRONCZAK Krzysztof	WROCLAW	POL		64	M50/15	(M)111	00:22:52	04.34
16	18	KURILEC Krzysztof	WROCLAW	POL		64	M50/16	(M)146	00:24:15	04.51
17	263	ŁABUZ Marek	WROCLAW	POL		56	M50/17	(M)153	00:24:47	04.57
18	194	LIŚKIEWICZ Bogusław	WROCLAW	POL		63	M50/18	(M)167	00:25:14	05.02
19	62	SARNA Roman	WROCLAW	POL		63	M50/19	(M)182	00:26:09	05.13
20	418	GŁOWACKI Maciej	WROCLAW	POL		59	M50/20	(M)203	00:27:40	05.32
21	3	JANIAK Piotr	WROCLAW	POL		65	M50/21	(M)206	00:27:47	05.33

Bieg Główny 5km Mężczyźni KATEGORIA:M40

1	230	CHODORSKI Piotr	WROCLAW	POL		73	M40/1	(M)3	00:16:31	03.18
2	180	BUSZEWSKI Beniamin	WROCLAW	POL		74	M40/2	(M)7	00:16:52	03.22
3	272	WENNE Artur	KRZEPTÓW	POL		72	M40/3	(M)18	00:18:28	03.41
4	93	MACIASZCZYK Roman	BIERUTÓW	POL		69	M40/4	(M)22	00:18:42	03.44
5	220	KOZUBAL Janusz	WROCLAW	POL		72	M40/5	(M)32	00:19:48	03.57
6	306	TYCZKOWSKI Mariusz	WROCLAW	POL		67	M40/6	(M)47	00:20:28	04.05
7	177	ADAM Piotr	ŻERNIKI WROCLAWSKIE	POL		73	M40/7	(M)48	00:20:31	04.06
8	38	KUCZMA Jakub	WROCLAW	POL		74	M40/8	(M)49	00:20:33	04.06
9	186	ROGALA Klaudiusz	WROCLAW	POL		73	M40/9	(M)50	00:20:38	04.07
10	269	WESOŁOWSKI Krzysztof	WROCLAW	POL		68	M40/10	(M)52	00:20:39	04.07
11	315	KOŁACZ Arkadiusz	WROCLAW	POL		66	M40/11	(M)62	00:21:02	04.12
12	52	SKÓRA Tomasz	WROCLAW	POL		73	M40/12	(M)65	00:21:06	04.13
13	382	KURDEK Robert	WROCLAW	POL		68	M40/13	(M)69	00:21:20	04.16
14	21	MADEJ Dariusz	WROCLAW	POL		74	M40/14	(M)75	00:21:35	04.19
15	403	MAKOWIECKI Rafał	WROCLAW	POL		75	M40/15	(M)77	00:21:43	04.20
16	298	NOLBERT Adam	WROCLAW	POL		70	M40/16	(M)80	00:21:46	04.21
17	379	RYBAŁKO Lech	WILCZYCE	POL		67	M40/17	(M)82	00:21:50	04.22
18	15	PODWÓRNY Jan	WROCLAW	POL		71	M40/18	(M)85	00:21:54	04.22
19	380	WOŹNICA Andrzej	WILCZYCE	POL		70	M40/19	(M)91	00:22:05	04.25
20	166	MIŚKIEWICZ Piotr	SMOLEC	POL		66	M40/20	(M)92	00:22:14	04.26
21	223	PRUKOP Wojciech	WROCLAW	POL		67	M40/21	(M)99	00:22:32	04.30
22	299	WYSOKIŃSKI Dariusz	WROCLAW	POL		70	M40/22	(M)105	00:22:42	04.32
23	322	PIETROWSKI Dariusz	WROCLAW	POL		68	M40/23	(M)113	00:22:54	04.34
24	137	WATAŁA Krzysztof	WROCLAW	POL		66	M40/24	(M)116	00:22:57	04.35
25	51	KOWALSKI Ireneusz	WROCLAW	POL		67	M40/25	(M)118	00:23:02	04.36
26	221	NONAS Piotr	WROCLAW	POL		67	M40/26	(M)133	00:23:35	04.43
27	78	KOZICKI Krzysztof	OLAWA	POL		69	M40/27	(M)136	00:23:38	04.43
28	321	JASIŃSKI Remigiusz	WROCLAW	POL		72	M40/28	(M)143	00:24:05	04.49
29	127	BOROWIEC Robert	WROCLAW	POL		73	M40/29	(M)147	00:24:18	04.51
30	216	CZARNECKI Tomasz	WROCLAW	POL		74	M40/30	(M)151	00:24:31	04.54
31	381	MIKOŁAJCZAK Dariusz	BIELANY WROCLAWSKIE	POL		70	M40/31	(M)157	00:24:52	04.58
32	254	JĘDRYCH Dariusz	WROCLAW	POL		70	M40/32	(M)161	00:25:02	05.00
33	273	KOSIM Maciej	WROCLAW	POL		70	M40/33	(M)171	00:25:26	05.05
34	134	DYCHT Krzysztof	WROCLAW	POL		66	M40/34	(M)183	00:26:11	05.14
35	329	DĄBROWSKI Grzegorz	WROCLAW	POL		66	M40/35	(M)184	00:26:11	05.14
36	76	PRZYTUŁA Jarosław	WYSOKA	POL		71	M40/36	(M)191	00:27:03	05.24

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	[min/km]
37	89	BALCERZAK Krzysztof	WROCLAW	POL		72	M40/37 (M)195	00:27:09	05.25
38	283	ANTONISZYN Dariusz	WROCLAW	POL		67	M40/38 (M)207	00:27:58	05.35
39	303	WIĘCKIEWICZ Krzysztof	WROCLAW	POL		71	M40/39 (M)208	00:28:05	05.37
40	323	ŻURCZAK Piotr	WROCLAW	POL		73	M40/40 (M)212	00:28:44	05.44
41	165	STACHAŃCZYK Wojciech	WROCLAW	POL		75	M40/41 (M)215	00:29:04	05.48
42	410	BAJSEROWICZ Krzysztof	WROCLAW	POL		73	M40/42 (M)219	00:29:54	05.58
43	16	BRYSIAK Ziemowit	WROCLAW	POL		73	M40/43 (M)221	00:30:03	06.00
44	149	KUDŁA Robert	WROCLAW	POL		75	M40/44 (M)224	00:30:52	06.10
45	393	MICHALSKI Krzysztof	WROCLAW	POL		72	M40/45 (M)225	00:31:01	06.12
46	277	GRZEGORY Piotr	SADKÓW	POL		74	M40/46 (M)233	00:36:59	07.23

















































Bieg Główny 5km Mężczyźni KATEGORIA:M30

1	200	SOBCZYK Tomasz	WROCLAW	POL		77	M30/1 (M)1	00:15:38	03.07
2	100	SAMOTIJ Dominik	WROCLAW	POL		82	M30/2 (M)2	00:15:57	03.11
3	57	PELC Paweł	WROCLAW	POL		78	M30/3 (M)8	00:16:59	03.23
4	125	TOMCZYK Rafał	WROCLAW	POL		83	M30/4 (M)9	00:17:03	03.24
5	235	BUDNIK Łukasz	WROCLAW	POL		84	M30/5 (M)12	00:17:41	03.32
6	162	FIGIEL Jakub	WROCLAW	POL		81	M30/6 (M)15	00:18:15	03.39
7	416	KAPA Wojciech	CHRZANÓW	POL		84	M30/7 (M)16	00:18:21	03.40
8	179	POŚLUSZNY Paweł	WROCLAW	POL		79	M30/8 (M)20	00:18:32	03.42
9	195	CHOCIAJ Bartosz	WROCLAW	POL		79	M30/9 (M)21	00:18:38	03.43
10	48	KALUŻNY Sebastian	WROCLAW	POL		79	M30/10 (M)27	00:19:09	03.49
11	32	TATYS Łukasz	WROCLAW	POL		83	M30/11 (M)29	00:19:18	03.51
12	117	NIEZGÓDKA Przemysław	WROCLAW	POL		84	M30/12 (M)30	00:19:34	03.54
13	147	PIOTROWSKI Marek	WROCLAW	POL		84	M30/13 (M)31	00:19:44	03.56
14	233	WÓJCIK Rafał	WROCLAW	POL		77	M30/14 (M)33	00:19:48	03.57
15	357	URBAN Krzysztof	WROCLAW	POL		85	M30/15 (M)34	00:19:49	03.57
16	181	TUBICZ Paweł	WROCLAW	POL		79	M30/16 (M)35	00:19:54	03.58
17	97	KARWICKI Tomasz	WROCLAW	POL		79	M30/17 (M)37	00:20:02	04.00
18	55	PAWELKA Gracjan	PERZÓW	POL		85	M30/18 (M)41	00:20:12	04.02
19	160	DWORZYŃSKI Rafał	WROCLAW	POL		84	M30/19 (M)44	00:20:16	04.03
20	111	TURAŃSKI Jakub	WROCLAW	POL		80	M30/20 (M)45	00:20:21	04.04
21	33	CHOJNICKI Przemysław	WROCLAW	POL		83	M30/21 (M)46	00:20:22	04.04
22	41	RAJZER Radosław	WROCLAW	POL		85	M30/22 (M)51	00:20:39	04.07
23	222	BIENIEK Jakub	CHOROŃ	POL		85	M30/23 (M)53	00:20:44	04.08
24	406	BARANIEC Mariusz	WROCLAW	POL		78	M30/24 (M)55	00:20:49	04.09
25	108	DERING Marcin	WROCLAW	POL		82	M30/25 (M)58	00:20:53	04.10
26	141	KRAUSE Tomasz	WROCLAW	POL		83	M30/26 (M)64	00:21:03	04.12
27	30	ZĄBEK Łukasz	WROCLAW	POL		78	M30/27 (M)66	00:21:06	04.13
28	378	GOIŃSKI Dawid	KIEŁCZÓW	POL		79	M30/28 (M)74	00:21:33	04.18
29	424	GRUSZCZYŃSKI Maciej	WROCLAW	POL		79	M30/29 (M)76	00:21:35	04.19
30	119	LARKOWSKI Bartosz	WROCLAW	POL		84	M30/30 (M)78	00:21:43	04.20
31	126	ZYGAN Przemysław	WROCLAW	POL		80	M30/31 (M)83	00:21:52	04.22
32	192	TEOFILSKI Daniel	WYSOKA	POL		77	M30/32 (M)86	00:21:57	04.23
33	408	KOSZYKOWSKI Marek	WROCLAW	POL		85	M30/33 (M)87	00:22:00	04.24
34	198	PIEGOWSKI Adam	WOŁÓW	POL		84	M30/34 (M)90	00:22:03	04.24
35	209	FENCZYSZYN Szymon	WROCLAW	POL		80	M30/35 (M)100	00:22:34	04.30
36	110	SZYMAŃSKI Maciej	WROCLAW	POL		77	M30/36 (M)101	00:22:36	04.31
37	279	PIETROŃ Jerzy	ŻMIGRÓD	POL		84	M30/37 (M)102	00:22:41	04.32
38	50	WRÓBEL Jacek	BRZEG	POL		77	M30/38 (M)103	00:22:41	04.32
39	227	WIŚNIEWSKI Krystian	WROCLAW	POL		82	M30/39 (M)104	00:22:41	04.32
40	234	OLACZEK Łukasz	MROZÓW	POL		79	M30/40 (M)107	00:22:44	04.32
41	351	JAKUBOWSKI Marcin	GOLINA WIELKA	POL		85	M30/41 (M)110	00:22:47	04.33
42	128	TUROWSKI Krzysztof	WROCLAW	POL		77	M30/42 (M)112	00:22:53	04.34
43	330	BŁAŚKIEWICZ Jarosław	WROCLAW	POL		82	M30/43 (M)114	00:22:55	04.35
44	373	JAŚKOWIEC Marcin	WROCLAW	POL		78	M30/44 (M)115	00:22:55	04.35
45	293	SWOBODA Andrzej	WROCLAW	POL		78	M30/45 (M)119	00:23:05	04.37
46	6	SOBCZUK Łukasz	WROCLAW	POL		85	M30/46 (M)120	00:23:15	04.39
47	309	KULIG Tomasz	WROCLAW	POL		78	M30/47 (M)122	00:23:17	04.39

<i>Miejsce Rank</i>	<i>Nr Bib</i>	<i>Nazwisko i imię Name</i>	<i>Miejscowość City</i>	<i>Kraj Nat</i>	<i>Drużyna Team</i>	<i>R-k YoB</i>	<i>W kategorii in Age Sex</i>	<i>Czas Time</i>	<i>[min/km]</i>
48	36	JĘDRZEJUK Marek	WROCLAW	POL		85	M30/48 (M)123	00:23:20	04.40
49	68	LANG Wojciech	WROCLAW	POL		82	M30/49 (M)125	00:23:21	04.40
50	326	CHOLAST Patryk	WROCLAW	POL		78	M30/50 (M)126	00:23:27	04.41
51	346	SIENKIEWICZ Przemysław	WROCLAW	POL		83	M30/51 (M)128	00:23:28	04.41
52	280	NIEDZIELA Waldemar	WROCLAW	POL		76	M30/52 (M)130	00:23:33	04.42
53	337	DANIELCZYK Arkadiusz	WROCLAW	POL		85	M30/53 (M)131	00:23:34	04.42
54	178	GRUBASZ Karol	WROCLAW	POL		85	M30/54 (M)134	00:23:35	04.43
55	139	KRÓLIKOWSKI Robert	LESZCZYNY	POL		85	M30/55 (M)135	00:23:36	04.43
56	361	RZATKIEWICZ Konrad	WROCLAW	POL		79	M30/56 (M)137	00:23:45	04.45
57	387	POROS Wojciech	WROCLAW	POL		78	M30/57 (M)139	00:23:53	04.46
58	348	BAL Tomasz	WROCLAW	POL		81	M30/58 (M)142	00:24:03	04.48
59	12	KRUCZKIEWICZ Mateusz	WROCLAW	POL		79	M30/59 (M)148	00:24:24	04.52
60	196	GROSS Lech	WROCLAW	POL		82	M30/60 (M)149	00:24:26	04.53
61	150	ALTEWĘGIER Jarosław	KRAKÓW	POL		78	M30/61 (M)150	00:24:27	04.53
62	146	JANKOWSKI Tadeusz	WROCLAW	POL		80	M30/62 (M)152	00:24:43	04.56
63	4	GĘSTWA Wojciech	WROCLAW	POL		78	M30/63 (M)158	00:24:52	04.58
64	182	TOK Marcin	WROCLAW	POL		80	M30/64 (M)159	00:24:54	04.58
65	122	STERNALSKI Michał	WROCLAW	POL		76	M30/65 (M)162	00:25:03	05.00
66	264	SMAGAŁA Wojciech	WROCLAW	POL		81	M30/66 (M)164	00:25:06	05.01
67	219	STACHURKA Marcin	WROCLAW	POL		84	M30/67 (M)165	00:25:11	05.02
68	193	KALUŻNY Łukasz	WROCLAW	POL		85	M30/68 (M)168	00:25:17	05.03
69	167	ZYGAN Bazyli	WROCLAW	POL		81	M30/69 (M)170	00:25:24	05.04
70	355	ZALEWSKI Marek	WROCLAW	POL		79	M30/70 (M)172	00:25:27	05.05
71	296	BUNDYRA Wojciech	WROCLAW	POL		81	M30/71 (M)173	00:25:31	05.06
72	368	PANKAŁA Mateusz	WROCLAW	POL		83	M30/72 (M)174	00:25:37	05.07
73	244	RATAJCZYK Michał	WROCLAW	POL		85	M30/73 (M)175	00:25:49	05.09
74	247	MALIK Piotr	WROCLAW	POL		79	M30/74 (M)177	00:25:54	05.10
75	385	MUSIAŁ Dariusz	WROCLAW	POL		76	M30/75 (M)178	00:25:58	05.11
76	174	TRZEWIK Marcin	PRZEMYŚL	POL		83	M30/76 (M)180	00:26:04	05.12
77	412	WASKOWSKI Maciej	WROCLAW	POL		84	M30/77 (M)181	00:26:09	05.13
78	17	BOBEL Artur	WROCLAW	POL		83	M30/78 (M)185	00:26:29	05.17
79	304	KORONKIEWICZ Adam	WROCLAW	POL		77	M30/79 (M)186	00:26:31	05.18
80	215	KOTASA Łukasz	ZIELONA GÓRA	POL		81	M30/80 (M)188	00:26:45	05.21
81	79	KORYNEK Michał	WROCLAW	POL		82	M30/81 (M)189	00:26:47	05.21
82	398	KĘDRA Kamil	WROCLAW	POL		84	M30/82 (M)192	00:27:05	05.25
83	320	BIELAWSKI Tomasz	WROCLAW	POL		79	M30/83 (M)193	00:27:06	05.25
84	207	BAKOWSKI Tomek	WROCLAW	POL		85	M30/84 (M)196	00:27:14	05.26
85	400	KRĄŻAŁKA Paweł	WROCLAW	POL		77	M30/85 (M)201	00:27:29	05.29
86	5	FIJAŁKOWSKI Paweł	WROCLAW	POL		85	M30/86 (M)202	00:27:33	05.30
87	310	GAŁUSZKA Łukasz	WROCLAW	POL		80	M30/87 (M)204	00:27:41	05.32
88	96	ŁOŚ Michał	WROCLAW	POL		85	M30/88 (M)205	00:27:47	05.33
89	371	PRUS Tomasz	WROCLAW	POL		82	M30/89 (M)209	00:28:15	05.39
90	203	PUŚLECKI Łukasz	WROCLAW	POL		78	M30/90 (M)210	00:28:24	05.40
91	311	ZARYCHTA Piotr	WROCLAW	POL		79	M30/91 (M)211	00:28:36	05.43
92	291	PRIGAN Grzegorz	WROCLAW	POL		77	M30/92 (M)213	00:28:57	05.47
93	370	ZIELIŃSKI Michał	WROCLAW	POL		79	M30/93 (M)214	00:28:58	05.47
94	242	LITWIN Michał	WROCLAW	POL		82	M30/94 (M)217	00:29:53	05.58
95	415	JAROMIN Marek	WROCLAW	POL		82	M30/95 (M)220	00:29:58	05.59
96	364	ŁOBODZIŃSKI Andrzej	WROCLAW	POL		85	M30/96 (M)222	00:30:24	06.04
97	300	KULKA Michał	WROCLAW	POL		85	M30/97 (M)227	00:31:21	06.16
98	276	BOSEK Maciej	WROCLAW	POL		85	M30/98 (M)228	00:31:28	06.17
99	169	CHORAŻAK Grzegorz	WROCLAW	POL		82	M30/99 (M)231	00:33:52	06.46
100	289	ĆWIEK Grzegorz	SIECHNICE	POL		77	M30/100 (M)232	00:34:03	06.48

Bieg Główny 5km Mężczyźni KATEGORIA:M20

1	229	GOMOLA Dawid	WISLA	POL		93	M20/1 (M)5	00:16:40	03.20
2	333	PIGULA Sebastian	WROCLAW	POL		88	M20/2 (M)10	00:17:29	03.29
3	377	KUBIK Jakub	WROCLAW	POL		94	M20/3 (M)11	00:17:34	03.30
4	187	MARKOWICZ Łukasz	WROCLAW	POL		94	M20/4 (M)13	00:17:43	03.32

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna Team	R-k YoB	W kategorii in Age Sex	Czas Time	[min/km]
5	417	KRĘŻEL Krzysztof	WROCLAW		POL	91	M20/5 (M)14	00:17:48	03.33
6	260	ORLICKI Adrian	WROCLAW		POL	92	M20/6 (M)17	00:18:26	03.41
7	99	KOLESIŃSKI Wojciech	BIELAWA		POL	88	M20/7 (M)23	00:18:44	03.44
8	61	NANIEWICZ Rafał	WROCLAW		POL	94	M20/8 (M)26	00:19:02	03.48
9	70	STODÓŁKA Szymon	WROCLAW		POL	86	M20/9 (M)28	00:19:14	03.50
10	113	BARTCZAK Grzegorz	WROCLAW		POL	87	M20/10 (M)36	00:19:58	03.59
11	80	KUŻMA Adam	KOSZALIN		POL	87	M20/11 (M)38	00:20:08	04.01
12	63	SARNA Artur	WROCLAW		POL	00	M20/12 (M)39	00:20:09	04.01
13	295	JANECKI Przemysław	MARCISZÓW		POL	87	M20/13 (M)54	00:20:45	04.09
14	92	KIEŻA Marek	WROCLAW		POL	88	M20/14 (M)56	00:20:50	04.10
15	44	KĘDZIA Dawid	WROCLAW		POL	92	M20/15 (M)68	00:21:20	04.16
16	255	KARST Krzysztof	ZŁOTORYJA		POL	90	M20/16 (M)70	00:21:25	04.17
17	208	MOC Sebastian	WROCLAW		POL	93	M20/17 (M)72	00:21:27	04.17
18	143	BOBA Michał	WROCLAW		POL	88	M20/18 (M)81	00:21:48	04.21
19	423	ŁABEJKO Adam	WROCLAW		POL	91	M20/19 (M)84	00:21:52	04.22
20	421	OSTROWSKI Maciej	WROCLAW		POL	86	M20/20 (M)89	00:22:03	04.24
21	95	KRAWCZYK Mariusz	WROCLAW		POL	87	M20/21 (M)94	00:22:21	04.28
22	82	SMAGA Daniel	WROCLAW		POL	89	M20/22 (M)95	00:22:24	04.28
23	308	FILIPOWICZ Karol	WROCLAW		POL	89	M20/23 (M)96	00:22:26	04.29
24	252	SZÓSTAK Mariusz	WROCLAW		POL	89	M20/24 (M)97	00:22:30	04.30
25	354	ADAMSKI Maciej	WROCLAW		POL	94	M20/25 (M)98	00:22:31	04.30
26	249	SZEWSKI Marek	CIESZYN		POL	87	M20/26 (M)106	00:22:44	04.32
27	327	MALINIAK Piotr	WROCLAW		POL	87	M20/27 (M)108	00:22:44	04.32
28	350	NOSZCZYK Tomasz	NOWA RUDA		POL	94	M20/28 (M)109	00:22:46	04.33
29	365	GREGULSKI Bartosz	DŁUGOŁĘKA		POL	91	M20/29 (M)117	00:23:01	04.36
30	25	GRYCAN Bartosz	CZECHOWICE-DZIEDZICE		POL	89	M20/30 (M)121	00:23:17	04.39
31	91	ŁAMPIKA Łukasz	WROCLAW		POL	86	M20/31 (M)124	00:23:21	04.40
32	253	BANIK Andrzej	PODGÓRZYN		POL	86	M20/32 (M)127	00:23:27	04.41
33	118	SIATKOWSKI Marcin	WROCLAW		POL	86	M20/33 (M)132	00:23:35	04.43
34	238	LENCKI Damian	OLEŚNICA		POL	87	M20/34 (M)138	00:23:51	04.46
35	184	NOWICKI Piotr	WROCLAW		POL	91	M20/35 (M)140	00:24:01	04.48
36	349	CHODOROWSKI Grzegorz	WROCLAW		POL	87	M20/36 (M)141	00:24:03	04.48
37	131	MAJDA Paweł	WROCLAW		POL	88	M20/37 (M)144	00:24:09	04.49
38	176	KOPEĆ Maciej	WROCLAW		POL	89	M20/38 (M)145	00:24:11	04.50
39	356	NOSZCZYK Paweł	NOWA RUDA		POL	89	M20/39 (M)154	00:24:47	04.57
40	37	MRUKOWICZ Michał	WROCLAW		POL	87	M20/40 (M)155	00:24:50	04.58
41	120	BORKOWSKI Paweł	SULECHÓW		POL	94	M20/41 (M)166	00:25:11	05.02
42	281	BŁASZCZAK Andrzej	WROCLAW		POL	90	M20/42 (M)169	00:25:19	05.03
43	133	MIOZGA Grzegorz	WROCLAW		POL	87	M20/43 (M)176	00:25:52	05.10
44	156	ZAMORSKI Krzysztof	OLEŚNO		POL	88	M20/44 (M)187	00:26:31	05.18
45	90	LIGĘZA Maciej	WROCLAW		POL	92	M20/45 (M)190	00:26:50	05.22
46	405	DŹEDZYK Mateusz	WROCLAW		POL	00	M20/46 (M)198	00:27:25	05.29
47	404	PIETKIEWICZ Wiktor	WROCLAW		POL	00	M20/47 (M)199	00:27:26	05.29
48	278	UCHAL Jacek	WROCLAW		POL	91	M20/48 (M)200	00:27:29	05.29
49	10	RUTKOWSKI Dominik	MIRKÓW		POL	87	M20/49 (M)216	00:29:18	05.51
50	172	SKALIK Patryk	WROCLAW		POL	88	M20/50 (M)218	00:29:53	05.58
51	302	SKALSKI Piotr	WROCLAW		POL	08	M20/51 (M)229	00:32:10	06.26
52	204	SZUMSKI Maciej	WROCLAW		POL	86	M20/52 (M)230	00:33:10	06.38