

II Smolecka (za)Dyszka (10 km)

Miejscowość i data: **Smolec, 21.06.2014**

Klasyfikacja: **10 KM**

| Miejsce | Numer startowy | Nazwisko i imię | Klub / Miejscowość | Czas netto | Czas brutto | K | M | MS | MK | KW |
|---------|----------------|------------------------------|------------------------------------|------------|-------------|---|---|----|----|--------|
| 1 | 176 | Putyra Adam | Wysoka | 0:32:43 | 00:32:44 | | | | | 1/M30 |
| 2 | 276 | Samotij Dominik | Wrocław | 0:33:57 | 00:33:58 | | | | | 2/M30 |
| 3 | 80 | Regimowicz Tomasz | Contour-Technology, Wrocław | 0:35:27 | 00:35:29 | | | | | 3/M30 |
| 4 | 153 | Fedorowicz Jacek | KB Vamos Amigos Wrocław, Wrocław | 0:35:32 | 00:35:34 | | | | | 1/M40 |
| 5 | 328 | Ładysz Jerzy | AZS UE Wrocław, Wrocław | 0:35:55 | 00:35:57 | | | | | 4/M30 |
| 6 | 267 | Tomaszewski Zdzisław | Wałbrzych | 0:36:23 | 00:36:24 | | | | | 2/M40 |
| 7 | 450 | Młodynia Łukasz | Body i Coach, BRZEG | 0:36:52 | 00:36:53 | | | | | 5/M30 |
| 8 | 353 | Wujtak Dominik | Lubin | 0:37:30 | 00:37:31 | | | | | 6/M30 |
| 9 | 125 | Bób Łukasz | Wrocław | 0:37:34 | 00:37:35 | | | | | 7/M30 |
| 10 | 55 | Hrydczuk Łukasz | Kotwica, Wiązów | 0:37:43 | 00:37:44 | | | | | 1/M16 |
| 11 | 385 | Kotas Paweł | KotaSporT, Rybnik | 0:38:20 | 00:38:20 | | | | | 1/M20 |
| 12 | 135 | Kaczmarczyk Łukasz | Jaszowice | 0:38:20 | 00:38:22 | | | | | 2/M20 |
| 13 | 463 | Jabłoński Piotr | Klub Biegacza Harcownik, Oława | 0:38:46 | 00:38:49 | | | | | 3/M40 |
| 14 | 449 | Wiktorski Mieszko | trenujzami.pl, Wrocław | 0:39:00 | 00:39:01 | | | | | 8/M30 |
| 15 | 291 | Zajęc Grzegorz | Wałbrzych | 0:39:07 | 00:39:18 | | | | | 4/M40 |
| 16 | 32 | Bochnak Paweł | Biegamy We Wrocławiu, Wrocław | 0:39:22 | 00:39:25 | | | | | 3/M20 |
| 17 | 172 | Tomków Robert | Fast Foot Opole, Niemodlin | 0:39:26 | 00:39:28 | | | | | 5/M40 |
| 18 | 22 | Shchensna-Radzikovska Halyna | KB SOBÓTKA, Świdnica | 0:39:33 | 00:39:35 | 1 | | | | 1/K30 |
| 19 | 245 | Sadowski Andrzej | WKB Piast Wrocław, Pustów Żurawski | 0:39:36 | 00:39:37 | | | | | 4/M20 |
| 20 | 71 | Szturo Jan | Podgórzyn | 0:39:49 | 00:39:52 | | | | | 6/M40 |
| 21 | 286 | Lis Szymon | Los Bieganeros, Wrocław | 0:40:09 | 00:40:14 | | | | | 5/M20 |
| 22 | 41 | Filipczak Dariusz | Strzelce Opolskie | 0:40:19 | 00:40:21 | | | | | 7/M40 |
| 23 | 315 | Łukaszewski Andrzej | Biegam Bo Lubie, Wrocław, Wrocław | 0:40:29 | 00:40:31 | | | | | 8/M40 |
| 24 | 351 | Prystasz Krzysztof | KLEMME OŁAWA, Oława | 0:40:33 | 00:40:36 | | | | | 9/M30 |
| 25 | 82 | Dominikowski Krzysztof | Spalice | 0:40:39 | 00:40:42 | | | | | 10/M30 |
| 26 | 113 | Skrzypczak Tomasz | WKB Piast Wrocław, Wrocław | 0:40:44 | 00:40:47 | | | | | 6/M20 |
| 27 | 16 | Michalski Adam | KB Sobótka, Sobótka | 0:40:46 | 00:40:48 | | | | | 9/M40 |
| 28 | 311 | Skowroński Janusz | Oleśnica | 0:40:46 | 00:40:51 | | | | | 11/M30 |
| 29 | 319 | Andrejczyn Paweł | Radwanice | 0:40:56 | 00:41:00 | | | | | 12/M30 |
| 30 | 108 | Boczek Leszek | Wrocław | 0:41:14 | 00:41:18 | | | | | 7/M20 |
| 31 | 44 | Aksamit Jakub | KM AKTYWNI Sochaczew, Sochaczew | 0:41:31 | 00:41:36 | | | | | 8/M20 |
| 32 | 181 | Malaczewski Łukasz | RADMAL, Wrocław | 0:41:25 | 00:41:40 | | | | | 13/M30 |
| 33 | 31 | Zawadzki Krzysztof | Bielany Wrocławskie | 0:41:45 | 00:41:51 | | | | | 9/M20 |
| 34 | 462 | Pokora Kamil | Oregon, Godków | 0:41:53 | 00:41:58 | | | | | 10/M20 |
| 35 | 61 | Matysek Dariusz | KB SOBÓTKA, Wrocław | 0:42:20 | 00:42:21 | | | | | 14/M30 |
| 36 | 226 | Białecki Mateusz | Głogów | 0:42:07 | 00:42:26 | | | | | 11/M20 |
| 37 | 397 | Józefiak Marcin | Maniów Wielki | 0:42:20 | 00:42:29 | | | | | 12/M20 |
| 38 | 344 | Kozioł Łukasz | Sobótka | 0:42:29 | 00:42:32 | | | | | 13/M20 |
| 39 | 382 | Garnek Piotr | RUN FAST OR DIE, Wrocław | 0:42:23 | 00:42:33 | | | | | 15/M30 |
| 40 | 21 | Gołębiewski Jacek | KB SOBÓTKA, Świdnica | 0:42:37 | 00:42:40 | | | | | 10/M40 |
| 41 | 90 | Żórawski Krzysztof | Smolec | 0:42:26 | 00:42:42 | | | 1 | | 1/M50 |
| 42 | 25 | Fojtar Zbigniew | ARENBERG GANG, Krzeptów | 0:42:39 | 00:42:42 | | | | 1 | 11/M40 |
| 43 | 307 | Kaczmarek Marek | Wrocław | 0:42:32 | 00:42:44 | | | | | 2/M50 |
| 44 | 96 | Kowalczyk Marcin | Wrocław | 0:42:43 | 00:42:45 | | | | | 16/M30 |
| 45 | 189 | Kurek Tomasz | Świebodzice | 0:42:35 | 00:42:46 | | | | | 17/M30 |
| 46 | 287 | Kopczyński Tomasz | KB Harcownik Jelcz-Laskowice, | 0:42:43 | 00:42:47 | | | | | 2/M16 |
| 47 | 452 | Mateja Mariusz | Nysa | 0:42:28 | 00:42:49 | | | | | 14/M20 |
| 48 | 109 | Górski Łukasz | Wrocław | 0:42:48 | 00:42:57 | | | | | 18/M30 |
| 49 | 143 | Anaszewski Andrzej | Wrocław | 0:42:59 | 00:43:01 | | | | | 12/M40 |
| 50 | 197 | Wyligala Tomek | Baranowice | 0:42:57 | 00:43:04 | | | | | 19/M30 |
| 51 | 195 | Zeidler Paweł | Wrocław | 0:43:10 | 00:43:16 | | | | | 15/M20 |
| 52 | 111 | Tołłoczko Arkadiusz | KB Harcownik Jelcz-Laskowice, | 0:43:19 | 00:43:27 | | | | | 20/M30 |
| 53 | 251 | Cieślak Mariusz | KB Vamos Amigos Wrocław, Wrocław | 0:43:29 | 00:43:33 | | | | | 13/M40 |
| 54 | 283 | Piekarski Filip | Wrocław | 0:43:19 | 00:43:39 | | | | | 16/M20 |
| 55 | 202 | Paś Tomasz | Pasiol Team Wrocław, Wrocław | 0:43:39 | 00:43:42 | | | | | 21/M30 |
| 56 | 332 | Tatys Łukasz | IBM, Wrocław | 0:43:38 | 00:43:47 | | | | | 22/M30 |
| 57 | 184 | Żak Piotr | Wrocław | 0:43:41 | 00:43:48 | | | | | 23/M30 |
| 58 | 177 | Ostrowski Dawid | Politechnika Warszawska, Warszawa | 0:43:45 | 00:43:50 | | | | | 17/M20 |
| 59 | 212 | Tubicz Paweł | KS DW OPONA, Wrocław | 0:43:47 | 00:43:53 | | | | | 24/M30 |
| 60 | 191 | Szkoła Michał | ULKS Błyskawica Mietków, Milin | 0:43:45 | 00:43:53 | | | | | 18/M20 |
| 61 | 15 | Skudlarski Kamil | WKW, Wrocław | 0:43:50 | 00:43:55 | | | | | 3/M50 |
| 62 | 298 | Rzatkiewicz Konrad | KS DW OPONA, Wrocław | 0:43:51 | 00:43:56 | | | | | 25/M30 |
| 63 | 196 | Hapel Grzegorz | Wrocław | 0:43:53 | 00:43:58 | | | | | 26/M30 |
| 64 | 266 | Grzyb Piotr | FIREMAN WOŁÓW, Wołów | 0:43:58 | 00:44:01 | | | | | 14/M40 |

II Smolecka (za)Dyszka (10 km)

| Miejsce | Numer startowy | Nazwisko i imię | Klub / Miejsowość | Czas netto | Czas brutto | K | M | MS | MK | KW |
|---------|----------------|-------------------------|--|------------|-------------|---|-----|----|----|--------|
| 65 | 24 | Jaworski Piotr | KUDOWA ZDRÓJ | 0:43:54 | 00:44:04 | | 64 | | | 19/M20 |
| 66 | 39 | Brodziak Marek | KB VAMOS AMIGOS, Wrocław | 0:44:09 | 00:44:16 | | 65 | | | 15/M40 |
| 67 | 178 | Wysoczański Adrian | PIETRZYKOWICE | 0:44:14 | 00:44:17 | | 66 | | | 27/M30 |
| 68 | 187 | Łukasik Leszek | Oława | 0:44:14 | 00:44:21 | | 67 | | | 4/M50 |
| 69 | 395 | Czorny Rafał | Baborów | 0:44:24 | 00:44:28 | | 68 | | | 20/M20 |
| 70 | 455 | Trzęsicki Filip | Kobiety na medal, Szepków | 0:44:20 | 00:44:29 | | 69 | | | 21/M20 |
| 71 | 201 | Skorzycki Emil | JWT, Wrocław | 0:44:24 | 00:44:30 | | 70 | | | 28/M30 |
| 72 | 58 | Zadorożny Zdzisław | Zgorzelec | 0:44:30 | 00:44:37 | | 71 | | | 1/M60 |
| 73 | 6 | Sypień Sylwester | Klub Karate Kyokushin A.S. Sypień Wrocław, | 0:44:38 | 00:44:41 | | 72 | 2 | | 16/M40 |
| 74 | 465 | Budnik Wojciech | Wrocław | 0:44:40 | 00:44:43 | | 73 | | | 29/M30 |
| 75 | 102 | Jaworski Przemysław | Smolec | 0:44:36 | 00:44:43 | | 74 | 3 | | 30/M30 |
| 76 | 348 | Przystawski Jarosław P | Oława | 0:44:30 | 00:44:44 | | 75 | | | 31/M30 |
| 77 | 164 | Niekraś Krzysztof | Grupa GRC, Świdnica | 0:44:42 | 00:44:47 | | 76 | | | 17/M40 |
| 78 | 170 | Piróg Marek | Tribition Team, Wrocław | 0:44:31 | 00:44:49 | | 77 | | | 32/M30 |
| 79 | 120 | Wolodko Grzegorz | Smolec | 0:44:43 | 00:44:51 | | 78 | 4 | | 33/M30 |
| 80 | 250 | Dąbrowski Artur | Wrocław | 0:44:45 | 00:44:51 | | 79 | | | 34/M30 |
| 81 | 85 | Cybulski Piotr | PRO-RUN, Brzezina | 0:44:50 | 00:44:56 | | 80 | | | 5/M50 |
| 82 | 57 | Mazurkiewicz Darek | SMOLEC | 0:44:57 | 00:45:06 | | 81 | 5 | | 35/M30 |
| 83 | 343 | Pacholski Łukasz | Niezrzeszony, Smolec | 0:45:03 | 00:45:06 | | 82 | 6 | | 36/M30 |
| 84 | 141 | Krauze Tomasz Adam | PRO-RUN WROCLAW, Wrocław | 0:44:54 | 00:45:07 | | 83 | | | 18/M40 |
| 85 | 156 | Hryc Marcin | Smolec | 0:45:01 | 00:45:07 | | 84 | 7 | | 37/M30 |
| 86 | 149 | Lichwa Grzegorz | Kąty Wrocławskie | 0:44:49 | 00:45:08 | | 85 | | | 38/M30 |
| 87 | 7 | Maciejewski Łukasz | Zadzyszka Smolec, Smolec | 0:45:05 | 00:45:10 | | 86 | 8 | | 39/M30 |
| 88 | 466 | Jelenik Klaudia | Pro-Run Wrocław, Rzeczycza | 0:45:00 | 00:45:12 | 2 | | | | 1/K20 |
| 89 | 183 | Oleśków Marek | Kostomłoty | 0:45:07 | 00:45:18 | | 87 | | | 40/M30 |
| 90 | 155 | Miśkiewicz Piotr | ITMZM, Smolec | 0:45:15 | 00:45:22 | | 88 | 9 | | 19/M40 |
| 91 | 240 | Duda Jakub | Wleń | 0:45:10 | 00:45:26 | | 89 | | | 22/M20 |
| 92 | 242 | Staromyński Marcin | KS Krotosz, Milicz | 0:45:19 | 00:45:27 | | 90 | | | 41/M30 |
| 93 | 303 | Biernacki Mateusz | Wrocław | 0:45:20 | 00:45:28 | | 91 | | | 42/M30 |
| 94 | 263 | Zalewski Piotr | KB Harcownik Jelcz-Laskowice, Wrocław | 0:45:20 | 00:45:33 | | 92 | | | 23/M20 |
| 95 | 300 | Wada Mark Munekatsu | Team Yokizaru, Wrocław | 0:45:04 | 00:45:34 | | 93 | | | 43/M30 |
| 96 | 297 | Kasprzak Tomasz | Wrocław | 0:45:29 | 00:45:36 | | 94 | | | 6/M50 |
| 97 | 246 | Borkowski Maciej | Sfera Biegania, Wrocław | 0:45:09 | 00:45:40 | | 95 | | | 44/M30 |
| 98 | 281 | Grzegorzcyk Damian | Niezrzeszony, Wrocław | 0:45:30 | 00:45:42 | | 96 | | | 24/M20 |
| 99 | 162 | Rzeczkowski Dariusz | Wrocław | 0:45:35 | 00:45:44 | | 97 | | | 20/M40 |
| 100 | 274 | Witkiewicz Wojciech | Kotórz Mały | 0:45:41 | 00:45:49 | | 98 | | | 25/M20 |
| 101 | 70 | Skwarek Stanisław | Kąty Wrocławskie | 0:45:42 | 00:45:50 | | 99 | | | 21/M40 |
| 102 | 56 | Hryczuk Wiesław | Kotwica, Wiązów | 0:45:58 | 00:46:00 | | 100 | | | 7/M50 |
| 103 | 137 | Wolański Adrian | Wrocław | 0:45:53 | 00:46:02 | | 101 | | | 45/M30 |
| 104 | 43 | Andrzejczuk Marzena | RUNPLANET TEAM, Wrocław | 0:45:58 | 00:46:03 | 3 | | | | 2/K30 |
| 105 | 91 | Kucharek Krzysztof | Sokół Smolec, Smolec | 0:46:00 | 00:46:04 | | 102 | 10 | | 46/M30 |
| 106 | 76 | Wiliński Zbigniew | TEAM ASA, Wrocław | 0:45:55 | 00:46:06 | | 103 | | 2 | 8/M50 |
| 107 | 186 | Radaczyński Krzysztof | Smolec | 0:45:49 | 00:46:09 | | 104 | 11 | | 22/M40 |
| 108 | 207 | Zając Łukasz | Klub Karate Kyokushin A.S. Sypień Wrocław, | 0:45:47 | 00:46:10 | | 105 | | | 26/M20 |
| 109 | 333 | Ząbek Łukasz | Pro-Run Wrocław, Wrocław | 0:46:06 | 00:46:13 | | 106 | | | 47/M30 |
| 110 | 66 | Radwan Krzysztof | Pjakprezent.pl, Wrocław | 0:46:13 | 00:46:20 | | 107 | | | 48/M30 |
| 111 | 275 | Guła Sławomir | Kobierzyce | 0:46:12 | 00:46:21 | | 108 | | | 49/M30 |
| 112 | 365 | Nowak Tomasz | Drużynowa Liga Biegowa PKO Banku | 0:46:24 | 00:46:24 | | 109 | | | 27/M20 |
| 113 | 296 | Smoliński Paweł | PRO-RUN, Wrocław | 0:46:09 | 00:46:25 | | 110 | | | 9/M50 |
| 114 | 249 | Rozumkiewicz Paweł | Nowa Ruda | 0:46:14 | 00:46:29 | | 111 | | | 28/M20 |
| 115 | 369 | Figura Łukasz | Nokia Running Team, Wrocław | 0:46:24 | 00:46:30 | | 112 | | | 50/M30 |
| 116 | 147 | Bigda Ireneusz | smolec | 0:46:19 | 00:46:33 | | 113 | 12 | | 51/M30 |
| 117 | 264 | Smoter Jakub | sokół smolec, Smolec | 0:46:25 | 00:46:41 | | 114 | 13 | | 52/M30 |
| 118 | 77 | Miszczyk Waldemar | Sadków | 0:46:38 | 00:46:45 | | 115 | | | 53/M30 |
| 119 | 73 | Szczygielski Bartłomiej | SCOTT TRISFERA POLSKA, Wrocław | 0:46:46 | 00:46:53 | | 116 | | | 23/M40 |
| 120 | 384 | Kufera Paweł | Rusko | 0:46:37 | 00:46:53 | | 117 | | | 29/M20 |
| 121 | 119 | Strawski Krzysztof | krzeptów | 0:47:02 | 00:47:04 | | 118 | | 3 | 54/M30 |
| 122 | 459 | Kuśnierska Magdalena | 0200, Wrocław | 0:47:03 | 00:47:07 | 4 | | | | 1/K40 |
| 123 | 451 | Cieplik Krzysztof | 0497, Wrocław | 0:47:01 | 00:47:12 | | 119 | | | 24/M40 |
| 124 | 152 | Chołubek Marek | PICTURA RUNNERS, Oława | 0:47:03 | 00:47:20 | | 120 | | | 55/M30 |
| 125 | 460 | Korkuć Piotr | MKB SEMPER HUMILIS WROCLAW, Wrocław | 0:47:02 | 00:47:30 | | 121 | | | 25/M40 |
| 126 | 338 | Fukiet Mateusz | Brzeg | 0:47:21 | 00:47:32 | | 122 | | | 30/M20 |
| 127 | 123 | John Daniel | Wrocław | 0:47:05 | 00:47:34 | | 123 | | | 56/M30 |
| 128 | 370 | Borkowski Mariusz | niezrzeszony, Wrocław | 0:47:23 | 00:47:34 | | 124 | | | 57/M30 |
| 129 | 30 | Głowacki Tomasz | SIECHNICE | 0:47:21 | 00:47:39 | | 125 | | | 58/M30 |
| 130 | 271 | Pietraszewski Zbigniew | niezrzeszony, Wrocław | 0:47:32 | 00:47:41 | | 126 | | | 26/M40 |

II Smolecka (za)Dyszka (10 km)

| Miejsce | Numer startowy | Nazwisko i imię | Klub / Miejscowość | Czas netto | Czas brutto | K | M | MS | MK | KW |
|---------|----------------|-------------------------------|--|------------|-------------|----|-----|----|----|--------|
| 131 | 2 | Matkowski Kazimierz | Zadzyszka Smolec, Pietrzykowice | 0:47:38 | 00:47:43 | | 127 | | | 10/M50 |
| 132 | 3 | Trzęsicka Irena | Kobiety na Medal, Krzeptów | 0:47:44 | 00:47:59 | 5 | | | 1 | 2/K40 |
| 133 | 218 | Sypień Patryk | Klub Karate Kyokushin A.S. Sypień Wrocław, | 0:48:05 | 00:48:08 | | 128 | | | 31/M20 |
| 134 | 399 | Czajkowski Stanisław | Klub Biegacza Harcownik, Jelcz Laskowice | 0:48:10 | 00:48:13 | | 129 | | | 2/M60 |
| 135 | 116 | Wierzbiński Krzysztof | Wrocław | 0:48:05 | 00:48:21 | | 130 | | | 59/M30 |
| 136 | 342 | Kojs Robert | Wrocław | 0:48:03 | 00:48:21 | | 131 | | | 27/M40 |
| 137 | 92 | Brzezicka Alina | Smolec | 0:48:19 | 00:48:25 | 6 | | 1 | | 3/K30 |
| 138 | 64 | Bąkowska-Tomaś Beata | TEAM ASA BIEGIEM PO ZDROWIE, Wrocław | 0:48:17 | 00:48:28 | 7 | | | | 4/K30 |
| 139 | 4 | Fojtar Dorota | Zadzyszka Smolec, Krzeptów | 0:48:30 | 00:48:38 | 8 | | | 2 | 5/K30 |
| 140 | 20 | Gołębiewska Sylwia | KB SOBÓTKA, Świdnica | 0:48:38 | 00:48:40 | 9 | | | | 6/K30 |
| 141 | 336 | Borowiec Bartosz | Pro-Run Wrocław, Wrocław | 0:48:36 | 00:48:45 | | 132 | | | 60/M30 |
| 142 | 62 | Wysoczański Piotr | Samotwór | 0:48:21 | 00:48:47 | | 133 | | | 32/M20 |
| 143 | 391 | Ładońska Katarzyna | Pro-Run Wrocław, Wrocław | 0:48:45 | 00:48:51 | 10 | | | | 7/K30 |
| 144 | 67 | Szargawiński Krzysztof | Smolec | 0:48:33 | 00:48:52 | | 134 | 14 | | 28/M40 |
| 145 | 104 | Bednarczyk Bogusław | Pro-Run Wrocław, Wrocław | 0:48:16 | 00:48:52 | | 135 | | | 29/M40 |
| 146 | 377 | Sobierski Wojciech | Wrocław | 0:48:36 | 00:48:54 | | 136 | | | 61/M30 |
| 147 | 337 | Jędrzejuk Marek | Bombardier Wrocław, Wrocław | 0:48:46 | 00:48:56 | | 137 | | | 33/M20 |
| 148 | 383 | Gaj Paweł | Wrocław | 0:48:46 | 00:49:13 | | 138 | | | 34/M20 |
| 149 | 114 | Jankowski Rafał | Toyota Nowakowski, Smolec | 0:49:12 | 00:49:18 | | 139 | 15 | | 62/M30 |
| 150 | 285 | Grempla Ryszard | Wrocław | 0:49:06 | 00:49:21 | | 140 | | | 3/M60 |
| 151 | 169 | Adamski Rafał | Pro-Run Wrocław, Wrocław | 0:49:05 | 00:49:23 | | 141 | | | 30/M40 |
| 152 | 126 | Lis Rafał | Mokronos Dolny | 0:49:00 | 00:49:27 | | 142 | | | 31/M40 |
| 153 | 175 | Wieczór Szczerbowicz Jarosław | Ścinawa, Ścinawa | 0:49:24 | 00:49:29 | | 143 | | | 35/M20 |
| 154 | 329 | Gracek Filip | Wrocław | 0:49:20 | 00:49:30 | | 144 | | | 36/M20 |
| 155 | 373 | Koenig Arnold | KoenigSerwis, Wrocław | 0:49:23 | 00:49:39 | | 145 | | | 32/M40 |
| 156 | 367 | Pielaszek Piotr | WETROK POLSKA, Wrocław | 0:49:24 | 00:49:42 | | 146 | | | 33/M40 |
| 157 | 51 | Wróbel Jacek | GRABISZYŃSKI, BRZEG | 0:49:34 | 00:49:47 | | 147 | | | 63/M30 |
| 158 | 322 | Gwardzik Piotr | ARENBERG GANG, Wrocław | 0:49:23 | 00:49:49 | | 148 | | | 64/M30 |
| 159 | 458 | Konieczny Jacek | Wrocław | 0:49:41 | 00:49:50 | | 149 | | | 37/M20 |
| 160 | 261 | Ostropolski Henryk | WKB Piast Wrocław, Dzierżoniów | 0:49:37 | 00:49:50 | | 150 | | | 11/M50 |
| 161 | 50 | Ściegłińska-Sztaba Marta | Kobiety na medal, Wrocław | 0:49:38 | 00:49:53 | 11 | | | | 2/K20 |
| 162 | 327 | Wenne Artur | InsERT TEAM, Krzeptów | 0:49:42 | 00:49:54 | | 151 | | 4 | 34/M40 |
| 163 | 381 | Hadzicka Sylwia | Wrocław | 0:49:39 | 00:49:57 | 12 | | | | 8/K30 |
| 164 | 247 | Pytel Krzysztof | Mokronos Górny | 0:49:49 | 00:50:00 | | 152 | | | 38/M20 |
| 165 | 23 | Langner Krzysztof | Wolna Grupa Biegowa, Wrocław | 0:49:26 | 00:50:02 | | 153 | | | 12/M50 |
| 166 | 238 | Syperek Marcin | Pro-Run Wrocław, Wrocław | 0:49:51 | 00:50:03 | | 154 | | | 35/M40 |
| 167 | 112 | Gawroński Grzegorz | Jeday, Wrocław | 0:49:38 | 00:50:03 | | 155 | | | 39/M20 |
| 168 | 198 | Zwierzy Patryk | Nokia Running Team, Wrocław | 0:50:04 | 00:50:08 | | 156 | | | 65/M30 |
| 169 | 12 | Lisiak Cezary | Zadzyszka Smolec, Smolec | 0:49:55 | 00:50:10 | | 157 | 16 | | 66/M30 |
| 170 | 223 | Szmaj Michał | Wrocław | 0:50:00 | 00:50:12 | | 158 | | | 67/M30 |
| 171 | 358 | Szcześniak Andrzej | LUKS Żórawina, Wrocław | 0:50:12 | 00:50:16 | | 159 | | | 4/M60 |
| 172 | 215 | Madej Robert | Klub Karate Kyokushin A.S. Sypień Wrocław, | 0:50:15 | 00:50:18 | | 160 | | | 36/M40 |
| 173 | 45 | Dżusajew Katarzyna | CSW Team, Wrocław | 0:50:18 | 00:50:22 | 13 | | 2 | | 3/K40 |
| 174 | 199 | Zakrzewski Tomasz | Nokia Running Team, Wrocław | 0:50:20 | 00:50:25 | | 161 | | | 68/M30 |
| 175 | 72 | Wieczorek Piotr | Wrocław | 0:50:05 | 00:50:34 | | 162 | | | 69/M30 |
| 176 | 110 | Małozieć Marcin | Smolec | 0:50:16 | 00:50:43 | | 163 | 17 | | 70/M30 |
| 177 | 255 | Pawlik Zygmunt | Niezzrzszoney, Oława | 0:50:44 | 00:50:48 | | 164 | | | 5/M60 |
| 178 | 394 | Czyż Dariusz | Smolec | 0:50:48 | 00:51:01 | | 165 | 18 | | 37/M40 |
| 179 | 454 | Fryziel Grzegorz | Oława | 0:50:45 | 00:51:01 | | 166 | | | 71/M30 |
| 180 | 200 | Biziel Michał | Smolec | 0:50:49 | 00:51:06 | | 167 | 19 | | 38/M40 |
| 181 | 94 | Jarocki Tomasz | multigrupa.com, Smolec | 0:51:03 | 00:51:11 | | 168 | 20 | | 39/M40 |
| 182 | 252 | Karczyński Krzysztof | 2 WOG, Wrocław | 0:50:59 | 00:51:20 | | 169 | | | 40/M40 |
| 183 | 259 | Mróz Jacek | Gniechowice | 0:50:41 | 00:51:21 | | 170 | | | 72/M30 |
| 184 | 260 | Respondek Dariusz | Wrocław | 0:51:08 | 00:51:29 | | 171 | | | 41/M40 |
| 185 | 210 | Konarski Adam | Klub Karate Kyokushin A.S. Sypień Wrocław, | 0:51:15 | 00:51:37 | | 172 | | | 40/M20 |
| 186 | 190 | Łopuszyński Bartosz | Wrocław | 0:51:20 | 00:51:39 | | 173 | | | 73/M30 |
| 187 | 42 | Głomba Piotr | System Error, Wrocław | 0:51:19 | 00:51:42 | | 174 | | | 41/M20 |
| 188 | 393 | Woroniecki Wojciech | Wrocław | 0:51:33 | 00:51:45 | | 175 | | | 42/M20 |
| 189 | 366 | Kucab Andrzej | Lubin | 0:51:36 | 00:51:48 | | 176 | | | 42/M40 |
| 190 | 146 | Krym Katarzyna | Klub Karate Kyokushin A.S. Sypień Wrocław, | 0:51:55 | 00:51:58 | 14 | | 3 | | 9/K30 |
| 191 | 387 | Grabowski Dariusz | Biegamy We Wrocławiu, Wrocław | 0:51:45 | 00:52:10 | | 177 | | | 43/M40 |
| 192 | 323 | Wyleziński Piotr | WKTr Wrocław, Wrocław | 0:52:05 | 00:52:10 | | 178 | | | 44/M40 |
| 193 | 49 | Smoliński Adam | Wrocław | 0:52:10 | 00:52:21 | | 179 | | | 43/M20 |
| 194 | 136 | Barczak Maciej | Sobótka | 0:52:19 | 00:52:24 | | 180 | | | 74/M30 |
| 195 | 234 | Toczyłowska Magdalena | Biegaj-Zapobiegaj, Wałbrzych | 0:52:21 | 00:52:26 | 15 | | | | 4/K40 |
| 196 | 38 | Kukurowski Jarosław | SMOLEC | 0:52:26 | 00:52:30 | | 181 | 21 | | 45/M40 |

II Smolecka (za)Dyszka (10 km)

| Miejsce | Numer startowy | Nazwisko i imię | Klub / Miejscowość | Czas netto | Czas brutto | K | M | MS | MK | KW |
|---------|----------------|----------------------|---|------------|-------------|-----|-----|----|----|--------|
| 197 | 372 | Sroka Janina | WKB PIAST WROCLAW, Wroclaw | 0:52:18 | 00:52:31 | 16 | | | | 1/K50 |
| 198 | 346 | Wójtowicz Tomasz | Wroclaw | 0:52:30 | 00:52:35 | | 182 | | | 75/M30 |
| 199 | 312 | Ostruszka Michał | Łódź | 0:52:08 | 00:52:38 | | 183 | | | 76/M30 |
| 200 | 371 | Jednoróg Joanna | Pro-Run Wroclaw, Długotęka | 0:52:15 | 00:52:41 | 17 | | | | 10/K30 |
| 201 | 8 | Bijak Andrzej | ZADYSZKA SMOLEC, PIETRZYKOWICE | 0:52:13 | 00:52:46 | | 184 | | | 77/M30 |
| 202 | 140 | Miernikiewicz Błażej | Wroclaw | 0:52:41 | 00:52:49 | | 185 | | | 46/M40 |
| 203 | 48 | Młyńczyk Artur | Smolec | 0:52:50 | 00:52:57 | | 186 | 22 | | 47/M40 |
| 204 | 392 | Ładoński Ryszard | Wroclaw | 0:52:54 | 00:53:05 | | 187 | | | 13/M50 |
| 205 | 378 | Świder Paweł | Kwietno | 0:52:19 | 00:53:05 | | 188 | | | 44/M20 |
| 206 | 35 | Wójciak Artur | Kąty Wrocławskie | 0:52:58 | 00:53:12 | | 189 | | | 48/M40 |
| 207 | 159 | Paduch Piotr | SMOLEC | 0:53:02 | 00:53:15 | | 190 | 23 | | 49/M40 |
| 208 | 292 | Potaniec Bartłomiej | Kostrzyn Nad Odrą | 0:52:55 | 00:53:15 | | 191 | | | 45/M20 |
| 209 | 448 | Borowicz Hirek | Wroclaw | 0:53:04 | 00:53:18 | | 192 | | | 46/M20 |
| 210 | 268 | Kawoń Andrzej | Namysłów | 0:53:11 | 00:53:18 | | 193 | | | 6/M60 |
| 211 | 47 | Charciarek Dominik | WROCLAW | 0:53:10 | 00:53:20 | | 194 | | | 50/M40 |
| 212 | 53 | Bundyra Czesław | Wroclaw Kuźniki, Wroclaw | 0:52:57 | 00:53:21 | | 195 | | | 7/M60 |
| 213 | 468 | Tarnawa Rafał | Wroclaw | 0:52:57 | 00:53:21 | | 196 | | | 78/M30 |
| 214 | 339 | Gromadziński Robert | Wroclaw | 0:53:13 | 00:53:28 | | 197 | | | 79/M30 |
| 215 | 166 | Starosciak Antoni | WSOWL, Wroclaw | 0:53:02 | 00:53:30 | | 198 | | | 1/M70+ |
| 216 | 289 | Babicka Małgorzata | Drużynowa Liga Biegowa PKO Banku | 0:53:13 | 00:53:31 | 18 | | | | 11/K30 |
| 217 | 106 | Michajluk Aleksandra | Sadków | 0:53:28 | 00:53:37 | 19 | | | | 3/K20 |
| 218 | 98 | Drozdowski Krzysztof | Smolec | 0:53:26 | 00:53:37 | | 199 | 24 | | 47/M20 |
| 219 | 211 | Kuźniewicz Katarzyna | Klub Karate Kyokushin A.S. Sypień Wroclaw, | 0:53:20 | 00:53:43 | 20 | | | | 1/K16 |
| 220 | 165 | Kucharek Jarosław | Sokół Smolec, Wroclaw | 0:53:32 | 00:53:43 | | 200 | | | 48/M20 |
| 221 | 288 | Gocoł Michał | Jelcz-Laskowice | 0:53:12 | 00:53:44 | | 201 | | | 80/M30 |
| 222 | 99 | Rybczak Bartosz | Wroclaw | 0:53:12 | 00:53:44 | | 202 | | | 81/M30 |
| 223 | 37 | Glomba Michał | System Error, Smolec | 0:53:30 | 00:53:51 | | 203 | 25 | | 82/M30 |
| 224 | 88 | Papciak Krzysztof | Kornik Team, Smolec | 0:53:31 | 00:53:53 | | 204 | 26 | | 51/M40 |
| 225 | 309 | Rogowski Wojciech | Pro-Run Wroclaw, Wroclaw | 0:53:49 | 00:53:55 | | 205 | | | 83/M30 |
| 226 | 335 | Makedoński Marcin | Wroclaw | 0:53:28 | 00:53:56 | | 206 | | | 84/M30 |
| 227 | 69 | Szafajko Jerzy | Duch Gór, Wroclaw | 0:53:35 | 00:53:57 | | 207 | | | 14/M50 |
| 228 | 129 | Chromicz Krzysztof | Smolec | 0:53:34 | 00:54:04 | | 208 | 27 | | 49/M20 |
| 229 | 36 | Wójciak Iwona | Kąty Wrocławskie | 0:53:49 | 00:54:04 | 21 | | | | 5/K40 |
| 230 | 78 | Krajewski Jarosław | SMOLEC | 0:53:48 | 00:54:14 | | 209 | 28 | | 85/M30 |
| 231 | 34 | Gil Grzegorz | Mokronos Górny | 0:53:46 | 00:54:15 | | 210 | | | 50/M20 |
| 232 | 345 | Wójtowicz Szymon | Wroclaw | 0:53:57 | 00:54:20 | | 211 | | | 51/M20 |
| 233 | 107 | Furgoł Michał | Wroclaw | 0:54:05 | 00:54:22 | | 212 | | | 86/M30 |
| 234 | 302 | Urbaniak Jan | Wroclaw | 0:54:02 | 00:54:36 | | 213 | | | 87/M30 |
| 235 | 340 | Michalik Anna | Wroclaw | 0:54:29 | 00:54:42 | 22 | | | | 12/K30 |
| 236 | 18 | Kosicki Jakub | Smolec | 0:54:38 | 00:54:48 | | 214 | 29 | | 52/M20 |
| 237 | 301 | Gloc Wojciech | Polska na Rowery, Smolec | 0:54:16 | 00:54:49 | | 215 | 30 | | 52/M40 |
| 238 | 352 | Broda Wojciech | START INDYWIDUALNY, Wroclaw | 0:54:41 | 00:54:54 | | 216 | 31 | | 88/M30 |
| 239 | 5 | Sypień Agnieszka | Klub Karate Kyokushin A.S. Sypień Wroclaw, | 0:54:56 | 00:55:00 | 23 | | | | 6/K40 |
| 240 | 363 | Poniatowski Wojciech | Ksieginice | 0:54:26 | 00:55:00 | | 217 | | | 53/M40 |
| 241 | 105 | Ostrowska Olga | Krzepków | 0:54:53 | 00:55:02 | 24 | | | 3 | 4/K20 |
| 242 | 81 | Głowacz Grzegorz | Wroclaw | 0:54:31 | 00:55:02 | | 218 | | | 89/M30 |
| 243 | 179 | Radwan Anna | RADMAL, Wroclaw | 0:54:52 | 00:55:04 | 25 | | | | 13/K30 |
| 244 | 29 | Śliwiński Jakub | Smolec | 0:54:36 | 00:55:10 | | 219 | 32 | | 90/M30 |
| 245 | 282 | Stanisz Robert | Smolec | 0:55:01 | 00:55:15 | | 220 | 33 | | 53/M20 |
| 246 | 231 | Sikorska Paulina | Szczecinek | 0:54:43 | 00:55:17 | 26 | | | | 14/K30 |
| 247 | 241 | Nahurski Jakub | Smolec Głogowa, Smolec | 0:55:09 | 00:55:24 | | 221 | 34 | | 91/M30 |
| 248 | 376 | Broszczak Ireneusz | Kwietno | 0:54:42 | 00:55:28 | | 222 | | | 54/M20 |
| 249 | 280 | Olszewski Jan | Klub Karate Kyokushin A.S. Sypień Wroclaw, | 0:55:38 | 00:55:42 | 223 | | | | 92/M30 |
| 250 | 150 | Zakłada Sebastian | Klub Karate Kyokushin A.S. Sypień Wroclaw , | 0:55:24 | 00:55:48 | | 224 | 35 | | 93/M30 |
| 251 | 148 | Jędraś Małgorzata | Rawicz | 0:55:29 | 00:55:49 | 27 | | | | 5/K20 |
| 252 | 375 | Laskowski Artur | Małkowice | 0:55:42 | 00:55:57 | | 225 | | | 3/M16 |
| 253 | 230 | Luźniak Stanisław | niezrzeszony, Wroclaw | 0:55:27 | 00:55:59 | | 226 | | | 15/M50 |
| 254 | 160 | Zatoński Tomasz | Unforgiven, Wroclaw | 0:55:44 | 00:56:03 | | 227 | | | 54/M40 |
| 255 | 341 | Czapla Marcin | Trzebnica | 0:55:35 | 00:56:05 | | 228 | | | 94/M30 |
| 256 | 228 | Pleśnar Maciej | Wroclaw | 0:55:35 | 00:56:08 | | 229 | | | 95/M30 |
| 257 | 182 | Suchecka Lucyna | OPOLE | 0:56:05 | 00:56:13 | 28 | | | | 6/K20 |
| 258 | 461 | Deregowska Joanna | MKB SEMPER HUMILIS WROCLAW, Wroclaw | 0:55:45 | 00:56:14 | 29 | | | | 7/K20 |
| 259 | 205 | Kijas Maja | Klub Karate Kyokushin A.S. Sypień Wroclaw, | 0:56:12 | 00:56:16 | 30 | | | | 15/K30 |
| 260 | 206 | Lachowicz Marta | Klub Karate Kyokushin A.S. Sypień Wroclaw, | 0:56:14 | 00:56:17 | 31 | | | | 16/K30 |
| 261 | 214 | Włoczyk Tomek | Klub Karate Kyokushin A.S. Sypień Wroclaw, | 0:55:56 | 00:56:18 | | 230 | | | 55/M20 |
| 262 | 95 | Cały Katarzyna | Smolec | 0:55:56 | 00:56:23 | 32 | | 4 | | 2/K16 |

II Smolecka (za)Dyszka (10 km)

| Miejsce | Numer startowy | Nazwisko i imię | Klub / Miejsowość | Czas netto | Czas brutto | K | M | MS | MK | KW |
|---------|----------------|---------------------------|--|------------|-------------|----|-----|----|----|--------|
| 263 | 396 | Cały Cezary | Pro-Run Wrocław, Sobótka | 0:55:57 | 00:56:23 | | 231 | | | 56/M20 |
| 264 | 453 | Skuła Krzysztof | ŚRODA ŚLĄSKA | 0:56:00 | 00:56:33 | | 232 | | | 55/M40 |
| 265 | 316 | Jurecki Henryk | Mokronos Górny | 0:56:13 | 00:56:34 | | 233 | | | 16/M50 |
| 266 | 134 | Pogorzały Tomasz | x, Wrocław | 0:56:21 | 00:56:39 | | 234 | | | 56/M40 |
| 267 | 360 | Celner Marcin | Kąty Wrocławskie | 0:56:15 | 00:56:41 | | 235 | | | 57/M40 |
| 268 | 368 | Pieles Krzysztof | Klub-Jupiter el Bełchatów, Bełchatów | 0:56:11 | 00:56:44 | | 236 | | | 17/M50 |
| 269 | 224 | Lesisz Wojciech | Wrocław | 0:56:33 | 00:56:50 | | 237 | | | 18/M50 |
| 270 | 235 | Siemko Piotr | Wrocław | 0:56:14 | 00:56:58 | | 238 | | | 58/M40 |
| 271 | 236 | Siemko Jolanta | Wrocław | 0:56:14 | 00:56:58 | 33 | | | | 7/K40 |
| 272 | 379 | Rozsak Aleksander | niezrzeszony, Długołęka | 0:56:36 | 00:57:02 | | 239 | | | 96/M30 |
| 273 | 168 | Frąckiewicz Alicja | Wrocław | 0:56:55 | 00:57:07 | 34 | | | | 17/K30 |
| 274 | 221 | Ślędak Dawid | Klub Karate Kyokushin A.S. Sypień Wrocław, | 0:56:45 | 00:57:08 | | 240 | | | 57/M20 |
| 275 | 216 | Bednarczyk Kuba | Klub Karate Kyokushin A.S. Sypień Wrocław, | 0:56:45 | 00:57:08 | | 241 | | | 58/M20 |
| 276 | 279 | Kozłowska Ewa | Wrocław | 0:56:50 | 00:57:11 | 35 | | | | 8/K20 |
| 277 | 467 | Zmarlak Ilona | Smolec | 0:56:54 | 00:57:13 | 36 | | 5 | | 18/K30 |
| 278 | 305 | Poniatowski Andrzej | Zachowice | 0:56:40 | 00:57:14 | | 242 | | | 59/M40 |
| 279 | 269 | Piwiński Stanisław | Wrocław | 0:57:00 | 00:57:16 | | 243 | | | 19/M50 |
| 280 | 270 | Szczepaniak Jan | WKB "SKORPION" - OPOLE, Górki | 0:56:44 | 00:57:21 | | 244 | | | 20/M50 |
| 281 | 75 | Rawska Magdalena | CSW TEAM WROCLAW, Wrocław | 0:56:56 | 00:57:24 | 37 | | | | 19/K30 |
| 282 | 204 | Szczerbaniewicz Łukasz | Klub Karate Kyokushin A.S. Sypień Wrocław, | 0:57:09 | 00:57:32 | | 245 | | | 4/M16 |
| 283 | 208 | Cegiela Piotr | Klub Karate Kyokushin A.S. Sypień Wrocław, | 0:57:18 | 00:57:40 | | 246 | | | 59/M20 |
| 284 | 229 | Mędrek Paulina | Wrocław | 0:57:42 | 00:57:49 | 38 | | | | 9/K20 |
| 285 | 265 | Zackiewicz Przemek | KB Harcownik Jelcz-Laskowice, | 0:57:48 | 00:58:01 | | 247 | | | 5/M16 |
| 286 | 314 | Jaworska Hanna | Mokronos Dolny | 0:57:48 | 00:58:06 | 39 | | | | 3/K16 |
| 287 | 324 | Opiela Agnieszka | Kobiety na Medal, Kielczow | 0:57:58 | 00:58:09 | 40 | | | | 8/K40 |
| 288 | 325 | Czech Sławomir | Kobiety na Medal, Kielczów | 0:57:58 | 00:58:09 | | 248 | | | 60/M40 |
| 289 | 290 | Nowak Katarzyna | Wrocław | 0:57:49 | 00:58:18 | 41 | | | | 20/K30 |
| 290 | 11 | Ceglarek Agnieszka | Smolec | 0:58:19 | 00:58:26 | 42 | | 6 | | 9/K40 |
| 291 | 304 | Haniszevska Joanna | Wrocław | 0:58:19 | 00:58:39 | 43 | | | | 10/K20 |
| 292 | 295 | Męczykowska-Filus Izabela | Krapkowice | 0:58:31 | 00:58:41 | 44 | | | | 10/K40 |
| 293 | 361 | Kuśnierz Krzysztof | Smolec | 0:58:27 | 00:58:43 | | 249 | 36 | | 97/M30 |
| 294 | 133 | Wysoczańska Karolina | PIETRZYKOWICE | 0:58:17 | 00:58:51 | 45 | | | | 21/K30 |
| 295 | 278 | Borkowski Michał | Sfera Biegania, Wrocław | 0:58:23 | 00:58:53 | | 250 | | | 60/M20 |
| 296 | 17 | Zapała Michał | Smolec | 0:58:22 | 00:58:54 | | 251 | 37 | | 61/M20 |
| 297 | 445 | Bartodziejski Jacek | Piotrowice Świdnickie | 0:58:55 | 00:58:55 | | 252 | | | 61/M40 |
| 298 | 52 | Jędryszek Beata | KOBIETY NA MEDAL, Wrocław | 0:58:40 | 00:58:56 | 46 | | | | 22/K30 |
| 299 | 347 | Wandas Beata | Wrocław | 0:58:53 | 00:58:59 | 47 | | | | 11/K20 |
| 300 | 79 | Kilan Adam | SMOLEC | 0:58:34 | 00:59:00 | | 253 | 38 | | 62/M40 |
| 301 | 374 | Urban Maciej | Małkowice | 0:58:50 | 00:59:04 | | 254 | 39 | | 62/M20 |
| 302 | 262 | Grochalska Milena | Sfera Biegania, Wrocław | 0:58:34 | 00:59:05 | 48 | | | | 12/K20 |
| 303 | 244 | Lisiak Weronika | Smolec | 0:58:39 | 00:59:06 | 49 | | 7 | | 4/K16 |
| 304 | 464 | Nerko Marek | Dobrzykowice | 0:58:28 | 00:59:08 | | 255 | | | 98/M30 |
| 305 | 398 | Bączkowski Marcin | niezrzeszony, Mokronos Górny | 0:58:29 | 00:59:11 | | 256 | | | 63/M20 |
| 306 | 227 | Ostruszka Wojciech | Wrocław | 0:58:47 | 00:59:22 | | 257 | | | 64/M20 |
| 307 | 359 | Ptaszek Katarzyna | Pietrzykowice | 0:59:23 | 00:59:23 | 50 | | | | 11/K40 |
| 308 | 326 | Domaszewski Maciej | Smolec | 0:59:24 | 00:59:33 | | 258 | 40 | | 63/M40 |
| 309 | 9 | Mroczkowska Weronika | Doti, Wrocław | 0:59:29 | 00:59:35 | 51 | | | | 13/K20 |
| 310 | 257 | Kilimnik Monika | I Ty możesz zostać maratończykiem 2014, | 0:59:03 | 00:59:40 | 52 | | | | 14/K20 |
| 311 | 357 | Ptaszek Robert | Pietrzykowice | 0:59:23 | 00:59:47 | | 259 | | | 64/M40 |
| 312 | 163 | Lorych Aleksandra | ŚRODA ŚLĄSKA | 0:59:26 | 00:59:55 | 53 | | | | 23/K30 |
| 313 | 185 | Skrzydłowska Marzena | Chojnów | 0:59:36 | 00:59:56 | 54 | | | | 15/K20 |
| 314 | 457 | Trzęsicki Marek | Kobiety na medal, Wrocław | 0:59:48 | 00:59:58 | | 260 | | | 65/M40 |
| 315 | 203 | Niefacny Jarek | GATORADE, Wrocław | 0:59:43 | 01:00:03 | | 261 | | | 66/M40 |
| 316 | 124 | Szpakowski Paweł | Białystok | 0:59:39 | 01:00:05 | | 262 | | | 65/M20 |
| 317 | 446 | Kozak Paweł | Wrocław | 0:59:39 | 01:00:06 | | 263 | | | 67/M40 |
| 318 | 362 | Nerko Paulina | Dobrzykowice | 0:59:34 | 01:00:09 | 55 | | | | 24/K30 |
| 319 | 380 | Lenartowski Adam | Smolec | 1:00:14 | 01:00:16 | | 264 | 41 | | 66/M20 |
| 320 | 14 | Kędziński Krzysztof | Smolec | 0:59:47 | 01:00:17 | | 265 | 42 | | 68/M40 |
| 321 | 127 | Niekrasz Justyna | Świdnica | 1:00:31 | 01:00:36 | 56 | | | | 12/K40 |
| 322 | 180 | Malaczewska Beata | RADMAL, Wrocław | 1:00:25 | 01:00:38 | 57 | | | | 25/K30 |
| 323 | 253 | Puczyński Norbert | niezrzeszony, Smolec | 1:00:19 | 01:00:40 | | 266 | 43 | | 69/M40 |
| 324 | 237 | Wasiak Małgorzata | ITM2014, Mokronos Dolny | 1:00:13 | 01:00:49 | 58 | | | | 13/K40 |
| 325 | 317 | Szczęch Justyna | Wrocław | 1:00:32 | 01:00:56 | 59 | | | | 16/K20 |
| 326 | 354 | Rozładowski Piotr | Smolec | 1:00:52 | 01:00:58 | | 267 | 44 | | 70/M40 |
| 327 | 192 | Pałka Aleksandra | Wrocław | 1:00:32 | 01:01:00 | 60 | | | | 26/K30 |
| 328 | 83 | Olbert Dominika | Żórawina | 1:00:34 | 01:01:09 | 61 | | | | 5/K16 |

II Smolecka (za)Dyszka (10 km)

| Miejsce | Numer startowy | Nazwisko i imię | Klub / Miejscowość | Czas netto | Czas brutto | K | M | MS | MK | KW |
|---------|----------------|----------------------------|---|------------|-------------|----|-----|----|----|--------|
| 329 | 74 | Rawski Michał | CSW TEAM WROCLAW, Wrocław | 1:01:05 | 01:01:32 | | 268 | | | 99/M30 |
| 330 | 330 | T Angelika | Kąty Wrocławskie | 1:01:13 | 01:01:33 | 62 | | | | 17/K20 |
| 331 | 331 | Haor Tomasz | Krzepków | 1:01:22 | 01:01:40 | | 269 | | 5 | 71/M40 |
| 332 | 213 | Makles Wiktor | Klub Karate Kyokushin A.S. Sypień Wrocław, | 1:01:23 | 01:01:46 | | 270 | 45 | | 67/M20 |
| 333 | 217 | Szkodowska Krystyna | Klub Karate Kyokushin A.S. Sypień Wrocław, | 1:01:27 | 01:01:51 | 63 | | | | 6/K16 |
| 334 | 308 | Sadowska Aretta | Smolec | 1:01:39 | 01:01:56 | 64 | | 8 | | 14/K40 |
| 335 | 132 | Pieluszyńska Agnieszka | Sobótka | 1:01:51 | 01:02:08 | 65 | | | | 27/K30 |
| 336 | 63 | Niemotko Agata | ITMZM2014, Wojnarowice | 1:01:51 | 01:02:08 | 66 | | | | 15/K40 |
| 337 | 277 | Chorażewski Krzysztof | Pro-Run Wrocław, Gałów | 1:01:34 | 01:02:13 | | 271 | | | 100/M3 |
| 338 | 313 | Tomaszewska Aleksandra | Wrocław | 1:02:14 | 01:02:26 | 67 | | | | 28/K30 |
| 339 | 19 | Pucek Przemysław | Smolec | 1:02:09 | 01:02:38 | | 272 | 46 | | 72/M40 |
| 340 | 84 | Olbert Agata | Żórawina | 1:02:05 | 01:02:39 | 68 | | | | 16/K40 |
| 341 | 151 | Zakłada Agnieszka | Klub Karate Kyokushin A.S. Sypień Wrocław , | 1:02:28 | 01:02:53 | 69 | | 9 | | 29/K30 |
| 342 | 386 | Biernacki Krystian | Wrocław | 1:02:25 | 01:02:53 | | 273 | | | 101/M3 |
| 343 | 145 | Anioł Laura | Klub Karate Kyokushin A.S. Sypień Wrocław, | 1:02:32 | 01:02:57 | 70 | | | | 18/K20 |
| 344 | 171 | Sikora Janusz | Kąty Wrocławskie | 1:02:50 | 01:03:09 | | 274 | | | 102/M3 |
| 345 | 334 | Durzyński Piotr | Klub Maratończyka Tim SA, Smolec | 1:02:41 | 01:03:14 | | 275 | 47 | | 73/M40 |
| 346 | 131 | Klak-Klajber Beata | Bogdaszowice | 1:03:34 | 01:03:36 | 71 | | | | 17/K40 |
| 347 | 115 | Bała Piotr | Night Runners Wrocław, Bukowa | 1:03:35 | 01:04:07 | | 276 | | | 68/M20 |
| 348 | 318 | Szafran Paweł | Środa Śląska | 1:03:45 | 01:04:08 | | 277 | | | 69/M20 |
| 349 | 321 | Lipińska Ewelina | Night Runners Wrocław, Wrocław | 1:03:38 | 01:04:11 | 72 | | | | 19/K20 |
| 350 | 219 | Kwasigroch Karolina | Klub Karate Kyokushin A.S. Sypień Wrocław, | 1:04:03 | 01:04:27 | 73 | | | | 20/K20 |
| 351 | 243 | Ornawka-Lisiak Anna | Smolec | 1:04:02 | 01:04:32 | 74 | | 10 | | 30/K30 |
| 352 | 254 | Piskorz Magdalena | Mokronos Górny | 1:04:02 | 01:04:32 | 75 | | | | 31/K30 |
| 353 | 173 | Tul Małgorzata | Gniechowice | 1:04:10 | 01:04:40 | 76 | | | | 18/K40 |
| 354 | 456 | Stolarczyk Monika | Kobiety na medal, Wrocław | 1:04:37 | 01:04:52 | 77 | | | | 21/K20 |
| 355 | 225 | Mioduszewska Kamila | Wrocław | 1:04:48 | 01:05:08 | 78 | | | | 22/K20 |
| 356 | 258 | Wojciechowska Barbara | I Ty możesz zostać maratończykiem 2014, | 1:04:33 | 01:05:11 | 79 | | | | 19/K40 |
| 357 | 161 | Pyrtak Małgorzata | Wrocław | 1:04:51 | 01:05:23 | 80 | | | | 23/K20 |
| 358 | 97 | Wilczyńska Natalia | Wrocław | 1:05:15 | 01:05:42 | 81 | | | | 7/K16 |
| 359 | 142 | Wolska Edyta | NSN Running Team, Wrocław | 1:05:53 | 01:05:57 | 82 | | | | 32/K30 |
| 360 | 320 | Majchrzak Ewa | Kobiety na Medal, Wrocław | 1:05:52 | 01:06:08 | 83 | | | | 20/K40 |
| 361 | 87 | Papciak Karolina | Kornik Team, Smolec | 1:06:49 | 01:07:11 | 84 | | 11 | | 33/K30 |
| 362 | 10 | Stankiewicz Anna | Doti, Smolec | 1:07:05 | 01:07:12 | 85 | | 12 | | 21/K40 |
| 363 | 222 | Strzelecka Agata | Klub Karate Kyokushin A.S. Sypień Wrocław, | 1:06:56 | 01:07:21 | 86 | | | | 24/K20 |
| 364 | 220 | Krym Tomek | Klub Karate Kyokushin A.S. Sypień Wrocław, | 1:06:57 | 01:07:22 | | 278 | 48 | | 74/M40 |
| 365 | 158 | Miśkiewicz Zilia | SMOLEC POLNA ;), Smolec | 1:07:20 | 01:07:27 | 87 | | 13 | | 22/K40 |
| 366 | 209 | Śledz Martyna | Klub Karate Kyokushin A.S. Sypień Wrocław, | 1:07:18 | 01:07:43 | 88 | | | | 25/K20 |
| 367 | 68 | Szargawińska Dorota | Smolec | 1:07:32 | 01:07:51 | 89 | | 14 | | 23/K40 |
| 368 | 306 | Miernicki Mariusz | Dzierżoniów | 1:08:01 | 01:08:32 | | 279 | | | 21/M50 |
| 369 | 28 | Stefaniszyn Tomasz | Olawa | 1:08:09 | 01:08:41 | | 280 | | | 70/M20 |
| 370 | 33 | Pyrtak Katarzyna | Wrocław | 1:08:37 | 01:09:08 | 90 | | | | 26/K20 |
| 371 | 138 | Pospieszala Magdalena | Rat Team, Nowa Ruda | 1:09:55 | 01:10:30 | 91 | | | | 27/K20 |
| 372 | 40 | Owczarek Magdalena | Kobiety na medal, Wrocław | 1:10:40 | 01:11:12 | 92 | | | | 34/K30 |
| 373 | 167 | Ostrowska Ewa | Krzepków | 1:12:17 | 01:12:28 | 93 | | | 4 | 2/K50 |
| 374 | 46 | Gorwa Agata | Smolec | 1:12:00 | 01:12:29 | 94 | | 15 | | 35/K30 |
| 375 | 194 | Wierzejski Henryk | Wrocław | 1:12:02 | 01:12:33 | | 281 | | | 8/M60 |
| 376 | 294 | Poloczek Marek | WKB PIAST WROCLAW, Wrocław | 1:12:47 | 01:13:26 | | 282 | | | 22/M50 |
| 377 | 390 | Jawoszek Adrianna | Smolec | 1:16:45 | 01:16:51 | 95 | | 16 | | 28/K20 |
| 378 | 447 | Łabuz Krzysztof | Siedlakowice | 1:20:46 | 01:21:15 | | 283 | | | 103/M3 |
| DNF | 60 | Hołda Piotr | Oleśnica | | | | | | | /M30 |
| DNF | 389 | Jabłońska Danuta | Smolec | | | | | | | /K40 |
| DNF | 388 | Jawoszek Iwona | Smolec | | | | | | | /K40 |
| DNF | 188 | Nowogrodzki Wojciech | Kąty Wrocławskie | | | | | | | /M30 |
| DNF | 100 | Piwowski Kamil | Wrocław | | | | | | | /M30 |
| DSQ | 26 | Góral Justyna | Bogdaszowice | | | | | | | /K30 |
| DSQ | 27 | Góral Sebastian | Bogdaszowice | | | | | | | /M30 |
| DSQ | 117 | Klimowicz-Bodys Małgorzata | FAST FOOT OPOLE, Wrocław | | | | | | | /K30 |
| DSQ | 118 | Ogorzelec Mariusz | FAST FOOT OPOLE, Opole | | | | | | | /M30 |